



**Phoenix
Children's[®]**

MENTAL HEALTH PROVIDER LIST

Project of The Ambulatory/Inpatient Family Advisory Council

-August 2022-

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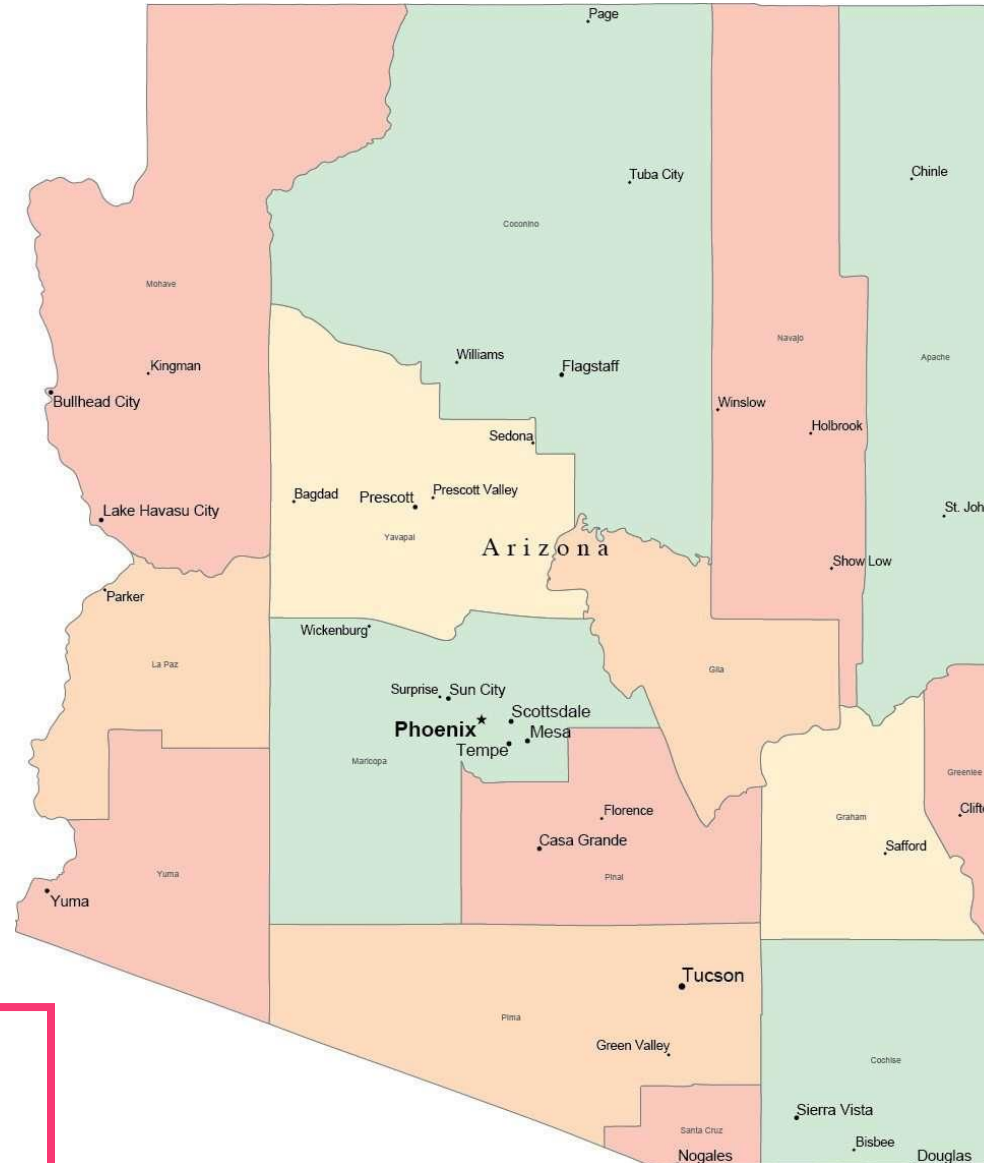
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[Southeast Valley](#)
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How to use this guide:

1. Hold down the **"Control"** button and **Click** any title underlined to go to that section.
2. Use the Hand logo to return to the map



YOU LIVE?

[Casa Grande](#)
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MENTAL HEALTH PROFESSIONAL DEFINITIONS

	Psychiatrist	Psychiatric Nurse Practitioner	Psychologist	Neuropsychologist	Mental Health Therapist	Social Worker (LCSW)
	<i>MD/DO</i>	<i>PsyNP</i>	<i>PhD/PsyD/EdD</i>	<i>PhD/PsyD/EdD</i>	<i>MS/MA Licensed Professional Counselor (LPC) Substance Abuse Therapist (MAC or NCAC) Marriage & Family Therapist (LMFT)</i>	<i>MSW</i>
Focus	-Assess mental and physical aspects psychological problems -Medication management -Psychotherapy -Substance use treatment	-Assess mental and physical aspects psychological problems -Medication management	-Assess and diagnose mental illness -Psychotherapy	-Evaluations regarding memory or thinking	-Diagnose and treat mental health issues -Help patients and families -Help navigate chronic illness -Assist in navigating educational systems	-Diagnose and treat mental health issues -Help patients and families -Help navigate chronic illness -Assist in navigating educational systems
Able to write Prescriptions?	Yes	Yes	Not in Arizona	Not in Arizona	No	No



LGBTQ+ Providers



Phoenix

[Dawn Byrd, PsyD](#)

[Jose Luis Madera](#)

[Mischa Cohen Peck, MA](#)

[DBT center of Arizona](#)

[Raschell Bailey, LPC](#)

[Lindsey R Buckman, PsyD](#)

[Arizona Center for Change](#)

[Gender Identity Center](#)

[Evette Mei, LCSW](#)

[Dr. Joshua G. Kellison, PLLC](#)

[Kath Crowley, MSW, LCSW](#)

[Gina De Simone, PsyD, PLLC](#)

[Robyn R Tennyson, LCSW](#)

[Alyssa Palty, LPC, MC](#)

Northwest Valley

[McKenzie Cortese, LAC](#)

[Steffani Hall-Rodrigues](#)

Northeast Valley

[Ryan Sheade, LCSW](#)

[Gisel Trevino-Martinez, LCSW](#)

[Nanette Burton Mongelluzzo, PhD, LPC](#)

Southeast Valley

[Avilio A. Vieira, PsyD](#)

[Canfield Counselling, LLC](#)

[Tally Iskovitz, LPC*](#)

**More information is available via online search*

[Cheryl Sexton, MS, LMFT](#)

[Beth Anne Bloomfield-fox, LAC](#)

[Taproot Therapy](#)



PSYCHOLOGY

[Center For Therapy And Mindfulness](#)

[Phoenix Institute for Psychotherapy](#)

[Arizona Center for Change](#)

[Gender Identity Center](#)

[Dr. Joshua G. Kellison, PLLC](#)

[Gina De Simone, PsyD, PLLC](#)

[Alyssa Palty, LPC, MC](#)

SUBSTANCE ABUSE

[Adolescent Substance Abuse](#)

[Open Hearts Family Wellness](#)

PHOENIX PROVIDERS

PSYCHIATRY

[Redemption Psychiatry](#)

[Serenity Mental Health Centers](#)

CLINICAL SOCIAL WORK

[Child Crisis AZ](#)

[Michael Cooter, MSSW, LCSW](#)

[Kath Crowley, MSW, LCSW](#)

[Robyn R Tennyson, LCSW](#)

MARRIAGE AND FAMILY THERAPY

[Child and Family Support Services](#)

BEHAVIORAL HEALTH

[Gentry Pediatric Behavioral Services](#)

[Southwest Human Development](#)

[Arizona Autism United](#)

[Hope Group](#)

[Southwest Autism Research and Resource Center](#)

[S.E.E.K. Arizona](#)

[Terros Health](#)

[Touchstone Health Services
YoungMind Center](#)

[Raising Special Kids](#)



Northwest Valley Providers

SUBSTANCE ABUSE/ EATING DISORDERS

[Adolescent Substance Abuse Program](#)

[The Meadows Ranch](#)

PROFESSIONAL COUNSELING

[Desert View Counseling and Consulting](#)

[Lifeline Professional Counseling](#)

PSYCHIATRY

[Redemption Psychiatry](#)

PSYCHOLOGY

[Dr. Mark Treegoob](#)

[Steffani Hall-Rodrigues](#)



SOUTHWEST VALLEY PROVIDERS

PSYCHIATRY

[Dr. Barbara Baumgardner](#)

PROFESSIONAL COUNSELING

[Lifeline Professional Counseling](#)

BEHAVIORAL HEALTH

[Touchstone Health Services](#)



NORTHEAST VALLEY PROVIDERS

Psychology

[Beljan Psychology Services](#)

[Valley Sunrise Psychology](#)

[The Nicholls Group](#)

[Melmed Center](#)

[Gisel Trevino-Martinez, LCSW](#)

PSYCHIATRY

[Dr. Robert Schulte, MD](#)

[Arizona Schwartz Group](#)

PROFESSIONAL COUNSELING

[Professional Counseling Associates](#)

SUBSTANCE ABUSE

[A New Beginning](#)

[Healthy Futures](#)

PLAY THERAPY

[The Nicholls Group](#)



SOUTHEAST VALLEY PROVIDERS

PSYCHOLOGY

[Dr. Kathleen Cramer](#)

[Dr. Michael Tansy](#)

[Trilogy Psychological Services](#)

[Dr. Mark Treegoob](#)

[Taproot Therapy](#)

[Stride Psychology](#)

[Open Heart Family Wellness](#)

PSYCHIATRY

[Affiliated Psych Services](#)

[Serenity Mental Health Centers](#)

[Redemption Psychiatry](#)

[Valleywise Health](#)

[Joellen H. Butler, NPPC](#)

BEHAVIORAL HEALTH

[Aurora Behavioral Health System](#)

[Oasis Behavioral Health Hospital](#)

[Connie S. Pyburn, Ph.D.](#)

[Touchstone Health Services](#)

PROFESSIONAL COUNSELING

[Gail S. Ziv, PsyNP](#)

[Wyman Counseling Services](#)

[Professional Counseling Associates](#)

[Lifeline Professional Counseling](#)

[Spectrum Counseling](#)

[Northlight Counseling Associates. INC.](#)

[Dr. Maki Obana](#)

[Unique Family Services](#)

CLINICAL SOCIAL WORK

[Child Crisis AZ](#)

[Horizon Health and Wellness](#)



Flagstaff, Sedona, and Prescott Providers

PSYCHIATRY

[Tribe Wellness Group](#)

[Viewpoint Dual Recovery](#)

[Nanette Burton Mongelluzzo, PhD, LPC](#)

[Dr. Kim Kalas](#)

BEHAVIORAL HEALTH

[Katherine Meyer, MSW, LCWS](#)

[Doreen Ellis](#)

[Southwest Behavioral and Health
Services](#)

[Spectrum Healthcare](#)

[Polara Health](#)



Casa Grande, Yuma, and Tucson Providers

PSYCHIATRY

[Crisis Preparation and Recovery](#)

BEHAVIORAL HEALTH

[Corazon Behavioral Health Services](#)

[Resilient Health](#)

[Yuma Counseling](#)

[Yuma Mental Health and Wellness](#)

[Latibule Counseling](#)

[Pathways of AZ](#)



Dawn Byrd, PsyD

CONTACT

2102 W Bethany Home Rd
Phoenix, A 85015

(602) 526-8315

<https://phoenixpsychologists.com>

SERVICES

Ages: All

Telehealth Services

CBT

Eclectic therapy

EMDR therapy

Cultural Sensitivity

Person-centered

SPECIALTIES

LGBTQ+

Family conflict

Relationships

Suicidal ideation

Life transitions

ADHD

DETAILS

Up-to-date website

Cash pay rates listed on
website

Evidence based therapy



José Luis Madera

CONTACT

7330 N 16th Street Suite C-115,
Phoenix, Arizona, 85020

(480-428-2677)

<https://www.Maderawellnesscenter.com>

SERVICES

Ages: 13+

Individual therapy

Anger Management

EMDR Therapy

Coping skills

SPECIALTIES

Trauma and PTSD

Depression

Men's issues

LGBTQ+

DETAILS

Up-to-date website

*Not taking new patients

Accepts insurance

Cash pay rates listed on
website

Evidence based therapy

Bilingual Services



Mischa Cohen Peck, MA

CONTACT

3200 N Central Ave Suite 2180
Phoenix, AZ, 85012

(602)-570-2373

<https://qcounseling.com/about-doctor-peck/>

SERVICES

Ages: All

EMDR Therapy

Counseling

Individual Therapy

LGBTQ+ affirming

SPECIALTIES

Transgender

LGBTQ+

Life transitions

Trauma

DETAILS

Up-to-date website

Accepts insurance

Cash pay rates listed on
website

Evidence based therapy



DBT Center of Arizona

CONTACT

11201 N Tatum Blvd, Suite 300,
Phoenix, AZ, 85028

64 E Broadway Rd, Suite 200,
Tempe, AZ, 85282

(480)-566-2342

<https://www.DBTarizona.com>

SERVICES

Ages: 5+

CBT

DBT therapy

Family therapy

Play therapy

Group therapy

SPECIALTIES

LGBTQ+ affirming

Gay Allied

HIV/AIDS

Veterans

DETAILS

Up-to-date website

Accepts insurance

Cash pay rates listed on
website

Evidence based therapy



Raschell Bailey, LPC

CONTACT

12691 W. Smokey Dr. Bldg., D
Suite 127 Surprise, AZ 85378

(602)-672-3789

<https://qcounseling.com/>

SERVICES

Ages: 12+

DBT therapy

Music therapy

Video therapy

Movement
therapy

SPECIALTIES

Culture and sexuality

LGBTQAI+

Anxiety

Depression

DETAILS

Up-to-date website

Accepts insurance

Cash pay rates listed on
website

Evidence based therapy



Lindsey R Buckman, PsyD

CONTACT

4545 N. 36th Street, Suite 114,
Phoenix, AZ, 85018

(442)-500-5851

<https://drlindseybuckman.com>

SERVICES

Ages: 14+

LGBTQ+
affirming

Therapy

Life transition

SPECIALTIES

Transgender services

LGBTQ+

Trauma and PTSD

Depression

Chronic Illness

DETAILS

Up-to-date website

Cash pay rates listed on
website

Evidence based therapy



MCKENZIE CORTESE, LAC

CONTACT

17505 North 79th Avenue Suite
211-C Glendale, AZ

(623)-295-1661

www.agavecounseling.com

SERVICES

Ages: 13+

Telehealth
services

LGBTQIA+
affirmative
therapy

DBT, EMDR, CBT

Grief

SPECIALTIES

Anxiety

Depression

Trauma

LGBTQ+

PTSD

DETAILS

Up-to-date website

Cash pay rates listed on
website

Evidence based therapy

Bilingual services



AVILIO A. VIEIRA, PsyD.

CONTACT

1930 S. Alma School Rd. Suite
A216 Mesa, AZ

(480)-282-4237

<https://oasispsychservices.com>

SERVICES

Ages: 13+

LGBTQIA+
affirmative
therapy

Individual, Group,
and Family
Therapy

SPECIALTIES

LGBTQ+

Adolescents/Young Adults

Provides letters for gender
affirming care, hormones, and
surgery

DETAILS

Up-to-date website

Cash Pay Rates listed
on website

Evidence based
therapy

Bilingual services



CANFIELD COUNSELLING, LLC

CONTACT

635 E Inverness Ave. Ste 108 &
109, Mesa, AZ, 85206

(480)-369-0604

<https://wwwcanfieldcounseling.org>

SERVICES

Ages: 12+

Individual
Therapy

Evaluations/
Assessments

SPECIALTIES

Trauma-focused therapy

LGBTQ+

Works with transgender youth

Provides World Professional
Association for transgender
health letters

DETAILS

Up-to-date website

Accepts insurance

Cash Pay Rates listed
on website

Evidence based
therapy



CHERYL SEXTON, MS, LMFT

CONTACT

3125 S Price Rd Chandler, AZ
85248

(480)-725-3207

www.psychologytoday.com/us/therapists/cheryl-sexton-chandler-az/168149

SERVICES

Ages: 10+

Individual Therapy

Couples Therapy

Anxiety treatment

SPECIALTIES

LGBTQA+

Family Systems therapy

Works with transgender
diverse youth

Provides World Professional
Association for transgender
health letters

DETAILS

Up-to-date website

Cash Pay Rates listed
on website

Evidence based
therapy



BETH ANNE BLOOMFIELD-FOX, LAC

CONTACT

(480)-630-7750

<https://betherapycounseling.com>

SERVICES

Ages: 10+

Virtual only

Solution focused

CBT

Commitment

therapy

SPECIALTIES

LGBTQ+

Provides World Professional Association for transgender health letters

Transgender therapy for ages 14+

Body positivity

DETAILS

Up-to-date website

Cash Pay Rates listed on website

Evidence based therapy

Bilingual services



RYAN SHEADE, LCSW

CONTACT

8079 N 85th Way, Scottsdale, AZ,
85258

(480)-261-5015

<https://www.integratedmha.com/ryan-m-sheade-lcsw>

SERVICES

Ages: All

Individual Therapy

Couples Therapy

Play Therapy

CBT

SPECIALTIES

Pre-natal and post-natal
support

Boys and Girls group

Provides World Professional
Association for transgender
health letters

DETAILS

Up-to-date website

Accepts insurance

Cash Pay Rates
listed on website

Evidence based
therapy



KATHERINE MEYER, MSW, LCSW

CONTACT

405 N Beaver Street,
Suite #9, Flagstaff,
AZ 86001
(928)-286-7229

<https://www.balancementalhealthandwellness.org/>

SERVICES

Ages: All

Telehealth

Free drop-in clinic

Individual Therapy

Psychotherapy

CBT, DBT

SPECIALTIES

Provides world professional association for transgender health letters

Works with diverse transgender youth

Identity integration

Anxiety

Divorce

DETAILS

Up-to-date website

Accepts insurance

Cash pay rates listed on website

Evidence-based therapies listed on website



Arizona Center For Change

CONTACT

4205 N. 7th Ave, #311,

Phoenix, AZ, 85013

(602)-253-8488

<https://www.azcfc.com/home>

SERVICES

Ages: 15+

Individual Therapy

LGBTQ Affirming

therapy

CBT

DBT

SPECIALTIES

Gender identity

Works with diverse
transgender youth

Provides transgender
health letters

DETAILS

Up-to-date website

Accepts insurance

Cash pay rates listed on
website

Evidence-based therapy



Gender Identity Center

CONTACT

2211 E Highland
Ave, Suite 205,
Phoenix, AZ, 85016
(480)-349-3671

[www.genderidentity
center.com](http://www.genderidentitycenter.com)

SERVICES

Ages: 6+

Individual and group therapy
to clients who are
transgender, non-binary,
gender fluid, gender queer, or
exploring

LGBTQ+ affirming therapy

CBT, DBT, eclectic therapy

SPECIALTIES

LGBTQ+

Gender identity

Provides transgender health
letters

DETAILS

Up-to-date website

Cash pay rates listed on
website

Evidence-based therapy



Evette Mei, LCSW

CONTACT

(602)-284-4421

<https://desertmagnolia-therapeutics.com/>

SERVICES

Ages: 15+

Telehealth services

Individual therapy

LGBTQ affirming therapy

CBT

DBT

SPECIALTIES

Gender identity

Provides transgender health letters

Racially literate

DETAILS

Up-to-date website

Accepts insurance

Cash pay rates listed on website

Evidence-based therapy



Taproot Therapy

CONTACT

401 West Baseline Road,
Suite 201, Tempe, AZ, 85283

(480)-307-6446

<https://taproottherapy.com/>

SERVICES

Ages: 15+

Telehealth services

EMDR

Acceptance and
Commitment therapy

Art therapy

DBT

SPECIALTIES

LGBTQ+ affirming

Eating disorder

Complex Trauma

DETAILS

Up-to-date website

Accepts insurance

Cash pay rates listed on
website

Evidence-based therapy

Spanish services available



Gisel Trevino-Martinez, LCSW

CONTACT

Ocotillo Counseling, LLC, 6619 North
Scottsdale Road, Suite 21,
Scottsdale, AZ, 85250

(480)-930-0390

<https://www.ocotilocounseling.com/>

SERVICES

Ages: 9+

Telehealth services

EMDR, DBT, CBT

Gender affirmative model

Mindfulness-based
therapy

Multicultural

Individual and couples
therapy

SPECIALTIES

Gender support

Trauma and PTSD

Anxiety

Depression

Mood Disorders

DETAILS

Up-to-date website

Accepts insurance

Cash pay rates listed on
website

Evidence-based therapy

Spanish services
available



Dr. Joshua G. Kellison, PLLC

CONTACT

11811 N Tatum Blvd, #3031,
Phoenix, AZ, 85028

(480)-780-0278
Extension 101

<https://www.sogiaz.com/>

SERVICES

Ages: 9+

Telehealth services

Individual, couples, family,
and group therapy

CBT, DBT, and EBT

Culturally informed

Gender affirmative therapy

SPECIALTIES

LGBTQIA+ mental health

Intersex

Anxiety

Depression

Trauma/PTSD

Impulse Control and Anger
Management

DETAILS

Up-to-date website

Cash pay rates listed on
website

Evidence-based therapy



Kath Crowley, MSW, LCSW

CONTACT

11811 N Tatum Blvd, #4040,
Phoenix, AZ, 85028

(602)-573-6621

<https://kathycrowley.org/>

SERVICES

Ages: 13+

Telehealth services available

Individual therapy

SPECIALTIES

Gender identity and sexuality

LGBTQ+ allied

Life transitions

Transgender

DETAILS

Up-to-date website

Cash pay rates listed on
website

Evidence-based therapy



Nanette Burton Mongelluzzo, PhD, LPC

CONTACT

PO Box 20712 Sedona, AZ,
86341

(928)-339-3441

<https://drnanette.com/>

SERVICES

Ages: 13+

Telehealth services

Individual, Couples, and
Family Therapy

Culturally sensitive

Person-centered therapy

SPECIALTIES

Anxiety

Trauma and PTSD

Relationship Issues

DETAILS

Up-to-date website

Cash pay rates listed on
website

Evidence-based therapy



Steffani Hall-Rodrigues

CONTACT

1615 E Warner Rd, Suite 1, Tempe,
AZ, 85284

(602)-461-7969

<https://www.psychologytoday.com/us/therapists/steffani-hall-rodriques-tempe-az/215182>

SERVICES

Ages: 18+

Telehealth services

CBT

EMDR

ACT

Mindfulness-based
therapies

SPECIALTIES

Stress

Depression

Trauma and PTSD

LGBTQ+ allied

DETAILS

Up-to-date website

*Not accepting new
patients

Accepts insurance

Cash pay rates listed on
website

Evidence-based therapy



Gina de Simone, PsyD, PLLC

CONTACT

7330 North 16th Street, Suite C-200,
Phoenix AZ, 85020

(602)-795-1670

<https://www.childpsychaz.com/about-dr-de-simone.html>

SERVICES

Ages: 6+

Individual and Family
Therapy

Gender affirmative
therapy

Play Therapy

SPECIALTIES

LGBTQ+

Gender dysphoria

Anxiety

Autism

DETAILS

Up-to-date website

*Not accepting new
patients

Accepts insurance

Cash pay rates listed on
website

Evidence-based therapy



Robyn R. Tennyson, LCSW

CONTACT

3420 E Shea Blvd, Suite 200,
Phoenix, AZ, 85028

(602)-932-2092

<https://www.psychologytoday.com/us/therapists/robyn-renee-tennyson-phoenix-az/762268>

SERVICES

Ages: 6+

Telehealth services

Individual and Family
Therapy

CBT, EMDR, Eclectic

SPECIALTIES

Anxiety

Relationship Issues

Trauma and PTSD

LGBTQ+ allied

DETAILS

Up-to-date website

*Not accepting new
patients

Accepts insurance

Cash pay rates listed on
website

Evidence-based therapy



Alyssa Palty, LPC, MC

CONTACT

11011 S. 48th Street, Suite 106,
Phoenix, AZ, 85044

(520)-276-8667

<http://thrivinglifecounselingaz.com/>

SERVICES

Ages: 13+

Telehealth services only

Individual and Group
Therapy

SPECIALTIES

Transgender, Gender Non-
binary, Gender non-
expansive individuals

LGBTQIA+

Faith transitions

DETAILS

Up-to-date website

Accepts insurance

Cash pay rates listed on
website

Evidence-based therapy



Dr. Kim Kalas

CONTACT

125 E Elm Ave, Suite 204,
Flagstaff, AZ, 86001

(928)-774-5272

SERVICES

Ages: 5+

Individual therapy

Group therapy

Evaluations/Assessments

SPECIALTIES

Family Therapy

Anxiety

Depression

Stress

Chronic Health Problems

BASICS Alcohol Intervention

DETAILS

Up-to-date website

Cash pay rates listed on
website

Evidence-based therapy

Bilingual services



ASU Clinical Psychology Center

CONTACT

1100 E University Dr
Tempe, AZ 85281

(480)-965-7296

<https://www.psychology.asu.edu/asu-clinical-psychology-center.com>

SERVICES

Ages: 5+

Individual Therapy

Group Therapy

Evaluations/Assessment

SPECIALTIES

Family Therapy

Anxiety, depression, and stress

Chronic health problems

BASICS Alcohol Intervention

DETAILS

Up-to-date website

Accepts insurance

Cash pay rates available

Evidence based therapy listed on website

Bilingual services



A NEW BEGINNING

CONTACT

9825 N 95th Street
Suite 101 Scottsdale, AZ
85258

(480)-941-4247

<https://www.anewbeginning.com>

SERVICES

Ages: All

*Specializes in ages 12+

Telehealth services

Healthy Weight
Management

Nutrition Services
(Eating disorders,
Diabetes, Optimal Health)

SPECIALTIES

Eating Disorders

Anorexia

Bulimia

Binge Eating Disorder

Emotional Overeating

Night Eating Syndrome

Male Eating Disorders

Exercise Bulimia

“Late-in-Life” eating disorders

DETAILS

Up-to-date website

Does not accept insurance
* BUT provides invoices to
insurance companies *

Cash pay rate
available

Evidence based
therapy

LGBTQ+ welcoming



ADOLESCENT SUBSTANCE ABUSE PROGRAM (ASAP)

CONTACT

2530 S Alma School Rd. Mesa,
AZ 85210

3839 E Shea Blvd. Phoenix AZ
85028

8607 N 59th Ave Ste #C-6
Glendale, AZ 85302

(602) 434-0249

<https://www.asapaz.com/home>

SERVICES

Ages: 12-18

10 week Intensive Outpatient
Program

*Total of 30 group therapy
sessions, meeting 3x a week

Admission Evaluation

Drug education

Coping skills

SPECIALTIES

Substance abuse

DETAILS

Up-to-date website

Accepted insurance listed
on website

Cash pay rates not listed

Evidence based therapy
listed on website



BELJAN PSYCHOLOGICAL SERVICES

CONTACT

9835 E Bell Road
Suite 140 Scottsdale,
AZ 85260

(602)-957-7600

<http://www.paulbeljan.com/>

SERVICES

Ages: All

Neuropsychological
Assessment

Psychoeducational
Assessment

Developmental Assessment

Psychotherapy & Treatment

Non-psychotherapy
Intervention

Forensic Evaluations

SPECIALTIES

Pediatric and Adult
Neuropsychology

DETAILS

Up-to-date website

Cash Pay Rates
*Available upon
request*

Evidence based
therapy listed on
website



CENTER FOR THERAPY AND MINDFULNESS

DR. STACI DAVIS, PSYCHOLOGIST

CONTACT

5110 N 44th Street
Suite L200 Phoenix, AZ 85018

(480)-410-2238

<http://www.centerftm.com/>

SERVICES

Adults Only

SPECIALTIES

EMDR

Depression

Anxiety

Relationship issues

DETAILS

Up-to-date website

****Not accepting new
patients**

Accepts insurance

Cash pay rates available

Sliding fee schedule



VALLEY SUNRISE PSYCHOLOGY, PLLC COLLEEN CARR, Ph.D.

CONTACT

10149 N 92nd Street
Suite 103 Scottsdale, AZ
85258

(480)-442-5567

<http://www.valleysunrisepsychology.com/>

SERVICES

Ages: 4+, but mostly teenagers

Individual Psychotherapy

Couple's Therapy

SPECIALTIES

Depression

Anxiety

Trauma

Grief

Relationship Problems

Child Behavior and/or Social Problems

Life Transitions and Stressors

DETAILS

Up-to-date website

Accepted insurance listed on website

Cash pay rates listed on website

Evidence based therapy listed on website



DR. KATHLEEN CRAMER, Ph.D.

CONTACT

1830 S Alma School Rd
Suite 104 Mesa, AZ
85210

(480)-355-4261

<http://www.drkathleencramer.com/>

SERVICES

Ages: 18+

Psychological or
Neuropsychological
Testing

Individual Therapy

Forensic Services

SPECIALTIES

Clinical, Educational and
Forensic Psychology

DETAILS

Up-to-date website

Accepted insurance listed
on website

Accepts cash pay

Sliding Fee Schedule

Evidence based therapy
listed on website



DR. MICHAEL TANSY, Ph.D. ABPP

LICENSED PSYCHOLOGIST

CONTACT

4140 E Baseline Road
Suite 101 Mesa, AZ
85206

(480)-966-9337

<http://www.michaeltansy.com/>

SERVICES

Ages: 5+

Telehealth services

Psychological Services

School psych board
certification

SPECIALTIES

Pediatric and Adult
Psychological Services

Patient Advocacy

Anxiety, depression, and coping

DETAILS

Up-to-date website

Accepted insurance listed
on website

Accepts Cash Pay

Evidence based therapy



STRIDE PSYCHOLOGY

DR. MARY OAKLEY, Psy.D., CC-AASP

CONTACT

2600 E Southern Ave
Suite C3 Tempe, AZ
85282

(480)-800-4459

<http://stridepsych.com/>

SERVICES

Ages: 4-80

Psychological Services

SPECIALTIES

Behavior Problems

ADHD

Learning Disabilities

Anxiety

Depression

Bipolar Disorder

Life Adjustments

DETAILS

Up-to-date website

Accepts insurance

Cash pay rates listed on
website

Evidence based therapy
listed on website

Bilingual services



PHOENIX INSTITUTE FOR PSYCHOTHERAPY

DR. FELIX SALOMON, Ph.D., Psy.D.

CONTACT

7111 N 7th Street
Phoenix, AZ 85020

(602)-870-0991

<http://www.pip-mhc.com/>

SERVICES

Ages: All

Telehealth services

Child Psychology Individual,

Couples, and Family

Counseling

Psychotherapeutic Services

Psycho-Diagnostic Services

Forensic Services

SPECIALTIES

Contemporary
Psychoanalysis

DETAILS

Up-to-date website

Does not accept
insurance

*BUT provides services on modified
sliding scale basis.*

Cash pay rates listed

Sliding fee schedule



GENTRY PEDIATRIC BEHAVIORAL SERVICES, PLLC

CONTACT

7600 N 16th Street Suite 110
Phoenix, AZ 85020

(602)-368-3282

<http://www.gentrypbs.com/>

SERVICES

Ages: 0-18

Diagnostic Evaluations Counseling

and Parent Training

Independent Education
Evaluations (IEE)

Applied Behavioral Analysis

Functional Behavior Assessment
(FBA)

Group Therapy

SPECIALTIES

Autism

Behavioral

Speech and Language Services

DETAILS

Up-to-date website

Accepted insurance listed
on website

Cash pay rates available

Evidence based therapy
listed on website



TRILOGY PSYCHOLOGICAL SERVICES, LLC

NICOLE HUGGINS, Psy.D. CCTP, CCSOTS

CONTACT

4135 S Power Road
Suite 112 Mesa, AZ
85212

(480)-813-3990

[www.autismspeaks.org
/provider/trilogy-psychological-
services-llc](http://www.autismspeaks.org/provider/trilogy-psychological-services-llc)

SERVICES

Ages: All

Evaluation Services

Counseling Services

Consulting/Court
Services Group
Services

SPECIALTIES

Comprehensive cognitive
and academic evaluations
for learning disabilities,
autism, family court, and
schools.

Forensic Evaluations

Bonding Assessments Best

Interest Assessments

DETAILS

Up-to-date website

Does not accept insurance
* BUT provides invoices for
reimbursements *

Cash pay rates listed
on website

Evidence based
therapy listed on
website



THE NICHOLLS GROUP

CONTACT

9965 N 95th Street
Suite 101 Scottsdale, AZ
85258

(480)-998-2303

[http://www.thenichollsgro
up.com/](http://www.thenichollsgroup.com/)

SERVICES

Ages: All

Telehealth Services

Neuropsychological

Evaluations

Cognitive-Behavioral
Therapy

Forensic
Evaluations/Records
Review

Psychotherapy/Counseling
Services

SPECIALTIES

Autism Spectrum Disorder

Client-Centered Therapy Family

Systems Experiential Therapy

Play Therapy

Memory
Screening/Dementia
Evaluation

DETAILS

Up-to-date website

Does not accept insurance

* BUT provides invoices for
reimbursements *

Cash pay rates listed
on website

LGBTQ+ welcoming

Bilingual services



DR. MARK TREEGOOB, PSYCHOLOGIST

CONTACT

19420 N 59th Ave
Suite C269 Glendale, AZ 85308

6625 S Rural Road
Tempe, AZ 85283

(602)-843-5485

<http://www.marktreegoob.com/>

SERVICES

Ages: 12+

Telehealth services

Individual, Couples, or
Family Therapy

SPECIALTIES

Depression

Anxiety

Family Counseling

Parenting Support Work
and Career Issues

Stress Management

OCD

ADHD

Asperger's
Syndrome/High
Functioning Autism

DETAILS

Up-to-date website

Accepted insurance listed on
website

Doesn't accept AHCCCS

Private pay listed on
website

LGBTQ+ welcoming

Evidence based
therapy listed on
website



DR. ROBERT DANIEL SCHULTE, M.D.

CONTACT

9590 E Ironwood
Square Drive Suite 210
Scottsdale, AZ 85258

(480)-451-3454

[http://www.robertschulte
md.com/](http://www.robertschulte
md.com/)

SERVICES

Ages: All

ONLY Telehealth services

Psychiatric Services

SPECIALTIES

Child and Adolescent
Psychiatry

Neurology

DETAILS

Up-to-date website

Does not accept insurance but
reimburses

Accepts Cash Pay
*All rates are the same

LGBTQ+ welcoming

Bilingual services



AURORA BEHAVIORAL HEALTH SYSTEM

CONTACT

Aurora West 6015 W Peoria
Avenue Glendale, AZ 85302
(623)-344-4400

Aurora East 6350 S Maple
Avenue Tempe, AZ 85238
(480)-345-5400

<https://www.auroraarizona.com/>

SERVICES

Ages: All

Telehealth services

Adolescent Programs

Outpatient Services

Electroconvulsive Therapy (ECT)

Chaplain Services Program

Trauma-Focused Intensive
Outpatient Program (IOP)

Specialized Needs Unit

SPECIALTIES

Behavioral Health Chemical

Dependency

Adult Inpatient Detox
and Chemical
Dependency

Equine Therapy

DETAILS

Up-to-date website

Accepted insurance listed
on website

Cash pay rates listed on
website

Evidence based therapy
listed on website

Bilingual services



VALLEYWISE HEALTH

CONTACT

570 W Brown Road
Mesa, AZ 85201

(480)-344-2100

www.valleywisehealth.org/locations/behavioral-health-center-mesa/

SERVICES

Ages: All

Telehealth services

Intensive Individual
Psychotherapy

Group Therapy

Family Therapy

Medication Management

SPECIALTIES

Psychiatric, psychological,
emotional, and behavioral
symptoms

DETAILS

Up-to-date website

Accepts insurance

Cash Pay rates listed on website

Evidence based therapy listed on
website

Bilingual services



AFFILIATED PSYCH SERVICES

CONTACT

90 S Kyrene Road
Suite 4 Chandler, AZ
85226

(480)-775-6423

<http://www.mypsychservices.com/>

SERVICES

Ages: All

Marriage and family

Clinical social work

Counseling

SPECIALTIES

Psychiatry

Anxiety and grief counseling

Trauma therapy

Sexual abuse

Couples therapy

Sexual Abuse

Trauma

DETAILS

Up-to-date website

Accepted insurance listed on website

Cash pay rates listed on
website

Evidence based therapy
listed on website

Bilingual services



ARIZONA THERAPYWORKS

DR. BARBARA BAUMGARDNER

CONTACT

600 N Bullard Avenue
Suite 10, Goodyear, AZ
85338

(623)-262-8915

<http://www.barbarabaumgardner.com/>

SERVICES

Ages: All

Telehealth

Holistic and personalized
psychiatric and
psychological services

SPECIALTIES

ADHD Counseling

Prescription and
medication management

Grief Support

Anxiety

Depression

DETAILS

Up-to-date website

Does not accept insurance
* BUT provides invoices for
reimbursements *

Accepts cash pay

Evidence based therapy
listed on website

Bilingual services



SERENITY MENTAL HEALTH CENTERS

DR. TEEJAY TRIPP, D.O.

CONTACT

2355 E Camelback Rd. Ste 625 Phoenix AZ
85016

4545 E Chandler Blvd Ste 308 Phoenix AZ
85048

20950 N Tatum Blvd Ste Ste 380 Phoenix AZ
85050

1860 N 95th Ln. Ste 300 Phoenix AZ 85037

1501 N Gilbert Rd Ste 206 Gilbert AZ 85234

(480)-626-2024

<http://www.serenitymentalhealthcenters.com/>

SERVICES

**Ages: 12+
(location-based)**

Transcranial
Magnetic
Stimulation
(TMS)

Ketamine

Infusion

Medication
Management

SPECIALTIES

Complex cases of
treatment-resistant mental
health issues

ADHD Testing

Anxiety

Depression

DETAILS

Up-to-date website

Accepted insurance listed

Accepts Cash Pay

Evidence based
therapy listed on
website

Bilingual services -
Spanish



GAIL S. ZIV, PsyNP

CONTACT

2135 E University Drive
Suite 116 Mesa, AZ
85213

(480)-325-0313

SERVICES

Ages: 3-62

Medication management

Onsite counseling

SPECIALTIES

Adolescents

DETAILS

Accepted insurance
listed on website

Evidence based therapy
listed on website



ARIZONA SCHWARTZ GROUP

CONTACT

10165 N 92nd Street
Suite 101 Scottsdale, AZ
85258

(480)-899-4077

<http://www.azschwartzgroup.com/>

SERVICES

Ages: 5-60

Psychiatric Assessments

Psychopharmacology

Medication Management

Psychotherapy/Counseling

Neuropsychological Testing

Biofeedback

SPECIALTIES

Genetic Testing CBC

Psychoeducational Testing

Autism Spectrum Testing

Personality Testing

DETAILS

Up-to-date website

Does not accept insurance

* BUT provides invoices for
reimbursements *

Accepts Cash Pay

*Same rate for everyone

Evidence based therapy listed
on website



REDEMPTION PSYCHIATRY

CONTACT

2730 S Val Vista Drive, Suite 146
Gilbert, AZ 85295

600 S Dobson Road, Suite 36-E
Chandler, AZ 85224

202 E Earll Drive, Suite 160
Phoenix, AZ 85012

17505 N 79th Avenue, Suite 203
Glendale, AZ 85308

10000 N 31st Avenue, Suite A-105
Phoenix, AZ 85051

(480)-471-8560

<http://www.redemptionpsychiatry.com/>

SERVICES

Ages: All

Telehealth

Psychiatric Evaluation

Medication Management

Genetic Testing for drug
effectiveness

Transcranial Magnetic Stimulation
(TMS)

Ketamine Infusion Therapy

SPECIALTIES

Mood Disorders

Anxiety

TMS for Depression

ADHD Testing

DETAILS

Up-to-date website

Accepted insurance listed on
website

Accepts Cash Pay

Evidence based therapy listed on
website

Bilingual services



ARIZONA MARRIAGE AND FAMILY THERAPY CLINIC

CONTACT

6100 W Gila Springs Place
Suite 19 Chandler, AZ
85226

690 E Warner Road Building 10.
Suite 152 Gilbert. AZ 85296

7581 S Willow Drive Suite 109
Tempe. AZ 85284 (480)-282-

8778

<https://azmftclinic.com/>

SERVICES

Ages: All

Telehealth services

Individual Therapy

Couples Therapy Family

Therapy Intensive

Therapy Premarital

Therapy

Groups and Workshops

SPECIALTIES

Relationships

DETAILS

Up-to-date website

Cash Pay rates listed on website

Evidence based therapy listed on
website

Bilingual services



CHILD AND FAMILY SUPPORT SERVICES, INC.

CONTACT

10439 S 51st Street
Phoenix, AZ 85044

(480)-635-9944

<https://www.cfss.com/>

SERVICES

Ages: All

Individual, Family, and
Couples Counseling

Medication
Management/Psychiatric
Medication Services

SPECIALTIES

Providing supportive
services for individuals and
families with emotional,
relational, behavioral, or
developmental struggles

Intensive Outpatient
Substance Abuse Services

Substance Abuse
prevention and education

DETAILS

Up-to-date website

Accepts insurance

Accepts cash pay

Evidence based therapy listed on
website

Bilingual services



WYMAN COUNSELING SERVICES

DR. HEIDI WYMAN, Ph.D. LMFT

CONTACT

1166 E Warner Road
Suite 101 Gilbert, AZ
85296

(602)-397-0535

<http://www.wymancounselingservices.com/>

SERVICES

Ages: All

Communication Skills

Behavior Issues

SPECIALTIES

Couples and
Relationships

Stress
Reduction

Depression
and Anxiety

Variety of Relationship
Issues

DETAILS

Up-to-date website

Accepts insurance

Accepts Cash Pay

Evidence based
therapy listed on
website



TERESA GRETH, MS, LMFT, PLLC

CONTACT

1955 S Val Vista Drive
Suite B120 Mesa, AZ
85204

(480)-262-0339

<http://www.teresagreththerapist.com/>

SERVICES

Age: Adults

Marital conflict
Stress
Grief and loss
Addiction
Domestic violence
Anger management
Low self-esteem
Trauma and parenting
issues.
Depression and anxiety.

SPECIALTIES

Adult individuals and
couples

DETAILS

Up-to-date website
Accepted insurance listed on
website
Cash pay rates listed on website
Evidence based therapy listed on
website



DESERT VIEW COUNSELING & CONSULTING

CONTACT

19820 N 7th St.
Suite 140, Phoenix, AZ 85024

13260 N. 94th Drive,
Suite 100, Peoria, Arizona 85381

(623) 487-7763

[www.desertview
counseling.com/home](http://www.desertviewcounseling.com/home)

SERVICES

Ages: 3+

Medication Management

Transcranial Magnetic
Stimulation (TMS)

EMDR

Counseling and
psychotherapy

SPECIALTIES

ADHD Assessment

DETAILS

Up-to-date website

Accepted insurance listed
on website

Cash pay rates available

Evidence based therapy
listed on website

Bilingual services



DOORWAYS COUNSELING CENTER

CONTACT

4747 N 7th Street
Suite 450 Phoenix, AZ
85014

(602)-997-2880

<http://www.doorwaysarizona.com/>

SERVICES

Ages: 13-25

Individual Counseling

Family Counseling

Intensive Outpatient
Programs (IOP)

Dialectal Behavioral
Therapy (DBT)

Medication Management

SPECIALTIES

Mood Disorders Eating

Disorders Trauma and

Abuse Suicide

Prevention Substance

Abuse Self Harm

ADD/ADHD

Anxiety and OCD

DETAILS

Up-to-date website

Accepted insurance listed
on website

Cash pay rates available

Evidence based therapy
listed on website



PROFESSIONAL COUNSELING ASSOCIATES

CONTACT

1830 S Alma School Rd Suite
112 Mesa, AZ 85210

9332 E Raintree Drive
Suite 160 Scottsdale, AZ 85260

2730 S Val Vista Drive Suite
135 Gilbert, AZ, 85295

(480)-730-6222

<http://www.pcaaz.com/>

SERVICES

**Ages: Adolescents and
Adults**

Telehealth Services

Individual, marriage, and
family counseling

Psychological Testing Assessment

General Medical Services and
Naturopathic Medical Care

Family and Forensic Services and
Intervention

Crisis Intervention

Pastoral, Ministry and
Church Team Counseling

SPECIALTIES

Anxiety

Depression

Developmental
Assessments

DETAILS

Up-to-date website

Cash pay rates listed on
website

Evidence based therapy listed
on website

LGBTQ+ welcoming

Bilingual services
*Mandarin offered for ages
13+



LIFELINE PROFESSIONAL COUNSELING

CONTACT

335 N Alma School Road, Suite E
Chandler, AZ 85224

17235 N 75th Ave, Suite F100
Glendale, AZ 85308

5040 E Shea Boulevard, Suite 164
Phoenix, AZ 85028

4515 S McClintock Drive, Suite
114 Tempe, AZ 85282

10320 W McDowell Road
Building G Suite 7022
Avondale, AZ 85392

1423 S Higley Road, Suite 103
Mesa, AZ 85206

(480)-641-1165

<http://www.lifelinepcs.com/>

SERVICES

Ages: All

Telehealth

Intensive Outpatient
Program

Dialectical Behavioral
Therapy

Cognitive Behavioral
Therapy

Family Counseling Trauma

SPECIALTIES

Couples Survival

ADHD Adult Coaching

Mood Management

Sexual Addiction Recovery

Substance Abuse

Veterans and First Responders

Gender and Sexual Identification

Domestic Violence

Grief and Loss

Anxiety and Stress

DETAILS

Up-to-date website

Accepted insurance listed
on website

Accepts AHCCCS

Cash pay rates available

Evidence based therapy
listed on website

Bilingual services



DR. MAKI OBANA, Ph.D.

CONTACT

3200 N Dobson Road
Suite D-3 Chandler, AZ
85224

(480)-721-4880

<http://www.drobana.com>
/

SERVICES

Age: Adults

Individual Therapy

Couples Therapy

SPECIALTIES

Relationship difficulties

Trauma and abuse

Depression

Anxiety

Cross-cultural issues

Life transitions

Work problems

Immigration concerns

DETAILS

Up-to-date website

Accepted insurance
listed on website

Cash pay rates listed
on website

Evidence based
therapy listed on
website

Bilingual services



SPECTRUM COUNSELING

DR. MARIE HADDOX, Ph.D.

CONTACT

1760 E Boston Street
Suite 102 Gilbert, AZ
85295

(480)-782-0113

<http://www.spectrumcounseling.net/>

SERVICES

Ages: All

Telehealth services

Individual, Family and
Couples Counseling

Cognitive Behavioral
Therapy

SPECIALTIES

Mood Disorders

Transgender Evaluations,
Reassignment Counseling

Pre-Surgical Psychological
Evaluations

Divorce

Grief Counseling

LGBTQ Counseling

DETAILS

Up-to-date website

Evidence based
therapy listed on
website



NORTHLIGHT COUNSELING ASSOCIATES INC

CONTACT

2633 E Indian School Road
Suite 360 Phoenix,
AZ 85016

4121 E Valley Auto Drive Suite
122
Mesa, AZ 85206

1405 N Dobson Road Suite
1
Chandler, AZ 85224

(602)-285-9696

<http://www.northlightcounseling.net/>

SERVICES

Ages: All

Cognitive Behavioral Therapy

Solution-Focused Therapy

Family Therapy

Play Therapy

Psychodynamic Therapy

Etc.

SPECIALTIES

Depression and Anxiety & Stress-
related disorders

Bipolar Disorders

PTSD

Death, dying and bereavement
issues

Substance abuse & relapse
prevention

LGBTQ issues

OCD

Child behavioral problems

Adjustment disorders

EAP & disability

DETAILS

Up-to-date website

Accepted insurance listed on
website

Cash pay rates listed on
website

Evidence based therapy listed
on website

Bilingual services



CHILD CRISIS ARIZONA

CONTACT

817 N Country Club Dr
Mesa, AZ 85201
[\(480\)-834-9340](tel:(480)834-9340)

2334 E Polk Street
Phoenix, AZ 85006
[\(602\)-273-7363](tel:(602)273-7363)

<https://childcrisisaz.org/>

SERVICES

Ages: up to 17

Family Education

Play Therapy

Early Education Services

Safe Kids Maricopa

Trauma-focused CBT

Home Visitation Program

Forensic interviewing

SPECIALTIES

Emergency
Children's Center

Foster care and
adoption

Trauma and
Attachment

DETAILS

Up-to-date website

Accepted insurance listed on website

Cash pay rates not listed on website

Evidence based therapy listed on
website

By referral

Bilingual services



MICHAEL HAROLD COOTER, MSW, LCSW, PLLC

CONTACT

1536 E Maryland Ave
Phoenix, AZ 85014

(928)-221-1175

[https://michaelcooter.co
m/](https://michaelcooter.com/)

SERVICES

Ages: All

Therapy

SPECIALTIES

Trauma

Illicit Mood Altering
Substances and Behaviors

EMDR/AIP

DETAILS

Up-to-date website

Accepted insurance listed
on website

Cash pay rates available

Evidence based therapy
listed on website



OPEN HEARTS FAMILY WELLNESS PHOENIX

CONTACT

4414 N 19th Avenue
Phoenix, AZ 85015

3280 S Country Club
Way Suite 110 Tempe, AZ
85282

(602)-285-5550

<http://www.openheartsaz.org/>

SERVICES

Ages: All

Counseling

Medication management

SPECIALTIES

Intensive Outpatient
Programs

Wellness coaching

Trauma

Autism Spectrum

Intensive Outpatient
Substance Abuse Group

Intensive
Wellness
Coaching Family
Support

DETAILS

Up-to-date website

Accepted insurance listed on
website

Cash pay rates listed on
website

Sliding fee schedule and grants
available

Evidence based therapy listed
on website

Bilingual services



ROBERT MOUNT, LCSW

CONTACT

9977 N 90th Street
Suite 165 Scottsdale, AZ
85258

(847)-682-9717

<http://www.robertmountlcsw.com/>

SERVICES

Ages: All

Individual Therapy

Group Therapy

Family Therapy

SPECIALTIES

Adolescents

Couples

Men's Issues

DETAILS

Up-to-date website

Accepted insurance listed
on website

Cash pay rates available

Evidence based therapy
listed on website



SOUTHWEST HUMAN DEVELOPMENT

CONTACT

2850 N 24th Street
Phoenix, AZ 85008

(602)-266-5976

<http://www.swhd.org/>

SERVICES

Ages: All

Child Development and Mental
Health

Head Start & Early Head Start

Family Support & Child Welfare

Professional Development &
Training

SPECIALTIES

Child Development

Early literacy

EasterSeals Disabilities

Services

DETAILS

Up-to-date website

Accepted insurance listed
on website

Cash pay rates available

Evidence based therapy
listed on website

Bilingual services



ARIZONA AUTISM UNITED

(AZA UNITED)

CONTACT

5025 E Washington St
Suite 212 Phoenix,
AZ 85034

(602)-773-5773

<http://www.azunited.org/>

SERVICES

Ages: Under 18

Home-Based ABA
Therapy

Habilitation

Social Groups

Behavior Coaching

Family Support

SPECIALTIES

Speech & Language
Therapy

Autism Awareness
Training

Autism

Speech and
language therapy

DETAILS

Up-to-date website

Accepted insurance listed on website

Cash pay rates available

Evidence based therapy listed on
website

Bilingual services



HOPE GROUP

CONTACT

4530 E Muirwood Dr
Suite 103 Phoenix, AZ
85048
(480)-610-6981

<http://www.hopegroupaz.com/>

SERVICES

Ages: All

Early Intervention Applied
Behavior Analysis
Focused Behavior
Treatment
Community Empowerment
School Consultation
Habilitation & Respite

SPECIALTIES

Behavior analytic services to those diagnosed with developmental and neurological disorders, including autism spectrum disorder

DETAILS

Up-to-date website
Accepted insurance listed on website
Cash pay rates available
Evidence based therapy listed on website
Bilingual services



SOUTHWEST AUTISM RESEARCH & RESOURCE CENTER (SARRC)

CONTACT

SAARC's Sybil B. Harrington
Campus for Exceptional Children 300 N
18th Street
Phoenix, AZ 85006

SARRC's Colonel Harland D. Sanders
Center for Autism Studies 2225 N 16th
Street
Phoenix, AZ 85006

(602)-340-8717

<https://www.autismcenter.org/>

SERVICES

Ages: All

Diagnostic Services

Clinical Services

School-Based Services

Employment-Based
Services

SPECIALTIES

Comprehensive
Behavioral Program

JumpStart

Community School

Milestones

Family Orientation

Parent Training
Program

DETAILS

Up-to-date website

Accepted insurance listed
on website

Cash pay rates accepted

Bilingual services



S.E.E.K. ARIZONA

CONTACT

1830 South Alma Road, #130
Mesa, AZ, 85210

(480)-902-0771

<http://www.seekarizona.org/>

SERVICES

Ages: 18 and under

Telehealth Services

Professional Therapy Services

Behavioral Health Services

Center Based Services

Direct Care Services

Professional Training &
Development

Accessing Services

SPECIALTIES

Education of Exceptional
Kids

DETAILS

Up-to-date website

Accepted insurance listed
on website

Cash pay rates accepted

Bilingual services



RAISING SPECIAL KIDS

CONTACT

5025 E Washington St Unit 204

Phoenix AZ 85034

(602) 242-4366

<https://raisingspecialkids.org/>

SERVICES

Ages: Birth - 26

Parent to Parent support

Individual Consultation

NICU Parent Support

Positive Family Coaching

SPECIALTIES

Support groups

Refugee & Asylee Mentorship
program (RAMP)

DETAILS

Up-to-date services

Free support services

Bilingual



CONNIE S. PYBURN, Ph.D.

CONTACT

6625 S Rural Road
Suite 101 Tempe, AZ
85283

(480)-577-5044

<http://www.conniepyburn.com/>

SERVICES

Ages: birth-adulthood

Psych Evaluations

Play Therapy

Motivational Interviewing

Dialectical Behavior
Therapy

Crisis Intervention

SPECIALTIES

Animal Assisted Therapy

Autism

EMDR

Play Therapy

Sand Tray Therapy

DETAILS

Up-to-date website

Accepted insurance listed
on website

Cash pay rates listed on
website

Evidence based therapy
listed on website

Bilingual services



HEALTHY FUTURES

CONTACT

8065 N 85th Way
Scottsdale, AZ 85258

(480)-451-8500

[http://www.healthyfutures
az.com/](http://www.healthyfuturesaz.com/)

SERVICES

Ages: All

*Specialize in age 12+

Telehealth services

Trauma Healing

Professional
Counseling

DBT

SPECIALTIES

Eating Disorders

Intensive Outpatient Eating
Disorder Treatment;
Emotional Eating
Outpatient Program

Professional Weight Care for Kids &
Adults

Pre- and Post-Bariatric
Surgery Counseling

Exercise Assessment &
Personal Training

Nutrition Assessment

DETAILS

Up-to-date website

Accepted insurance listed
on website *accepts most
major insurances

Cash pay rates listed on
website

Evidence based therapy
listed on website

LGBTQ+ welcoming



HORIZON HEALTH AND WELLNESS

CONTACT

625 N Plaza Drive
Apache Junction, AZ
85120

(480)-983-0065

<http://www.hhwaz.org/>

SERVICES

Ages: All

Telehealth services

Outpatient

behavioral health

Mental Health

Primary Care

Preventative Health
Services

SPECIALTIES

Children's services

Crisis services

Domestic violence

Habilitation services

Inpatient behavioral health

Lab services

Observation unit (adult)

Pharmacy

Substance abuse services

Supported
employment/housing

DETAILS

Up-to-date website

Accepted insurance listed
on website

Cash pay rates listed on
website

Evidence based therapy
listed on website



JOELLEN H. BUTLER, NPPC

CONTACT

8727 S Priest Drive
Suite #11297 Tempe, AZ
85284

(480)-787-9384

<http://www.joellenbutlerpsynp.com/>

SERVICES

Age: 18-75

Telehealth services

General Psychiatry

SPECIALTIES

Diagnoses

Anxiety

ADHD

Bipolar Disorder

Mild to Major Depressive Disorder

OCD

PTSD

Eating Disorders

DETAILS

Up-to-date website

Cash Pay rates listed on website

Evidence based therapy listed on website

Bilingual services



MELMED CENTER

DR. RAUN MELMED

CONTACT

4848 E Cactus Road
Suite 940 Scottsdale, AZ
85254

(480)-443-0050

<http://www.melmedcenter.com/>

SERVICES

Ages: All

*Specialize in childhood services, but
have NP services for adults

Telehealth
services

Medical Care

Occupational Therapy

Educational Advocacy

ABA Services
Coaching

SPECIALTIES

In-home Therapy 1:1

Parent Training

Parent Academy

Kids University

Nutritional Therapy

Animal Assisted Therapy

DETAILS

Up-to-date website

Accepted insurance listed on
website

Cash pay rates not listed

Evidence based therapy listed
on website

LGBTQ+ welcoming

Bilingual services



OASIS BEHAVIORAL HEALTH HOSPITAL

CONTACT

2190 N Grace Blvd
Chandler, AZ 85225

(855)-351-8939

<http://www.obhhospital.com/>

SERVICES

**Ages: Adolescents and
Adults**

Telehealth services

Inpatient Care

Residential Care

Outpatient Care

SPECIALTIES

Mental Health Disorders

Drug Addiction

Sex trafficking victims

DETAILS

Up-to-date website

Accepted insurance listed
on website

Cash pay rates listed on
website

Evidence based therapy
listed on website

Bilingual services



TERROS HEALTH

CONTACT

6153 W Olive Ave Glendale AZ
85302

4909 E McDowell Rd Phoenix
AZ 85008

1642 S Priest Dr building 6 ste
101 Tempe AZ 85281

3864 N 27th Ave Phoenix AZ
85017

(602)-685-6000

<https://www.terroshealth.org/>

SERVICES

Ages: All

All ages

Primary Care

Residential Treatment

Sober Living

SPECIALTIES

Counseling

Children / youth services

AZ families FIRST

Substance Abuse

Sober Living

DETAILS

Website being updated

Accepted insurance listed
on website

Cash pay rates available

Sliding Fee Schedule

Evidence based therapy
listed on website

Bilingual services



THE MEADOWS RANCH

CONTACT

5535 N Vulture Mine Rd
Wickenburg, AZ 85390

(866)-332-7381

<https://www.meadowsranch.com/>

SERVICES

Ages: 7+
Women and girls only

Eating Disorders and
Trauma

SPECIALTIES

Anorexia

Bulimia

Binge Eating Disorder

Pica

ARFID

OSFED

DETAILS

Up-to-date website

Accepted insurance
listed on website

Call for financial
assistance

Evidence based
therapies

English services



TOUCHSTONE HEALTH SERVICES

CONTACT

15820 N 35th Ave, Suite 14,
Phoenix, AZ 85053

15648 N. 35th Avenue, Phoenix, AZ, 85053

1430 E. Fort Lowell, Suite 100, Tucson, AZ, 85719

12409 W Indian School Road, Bld E,
Avondale, AZ 85392

(866)-207-3882

<http://www.touchstonehs.org/>

SERVICES

Ages: All

Outpatient Services

Pediatric Medicine

Infant & Early Childhood Program

School-Based Services

Behavior Analytic Services

Play Therapy

EMDR

Family and Group Therapy

Parent-child interaction therapy

SPECIALTIES

Family Health Services

Autism Center of
Excellence

DETAILS

Website being updated

Accepted insurance listed
on website

Cash pay rates available

Evidence based therapy
listed on website

Bilingual services



UNIQUE FAMILY SERVICES

CONTACT

4801 S Lakeshore Drive
Suite 101 Tempe, AZ
85282

(480)-462-0142

<http://www.uniquefamilyservices.com/>

SERVICES

Ages: youth and families

Telehealth services

Behavioral Coaching

Outpatient Program

In-Home ABA Program

Parent Aide Program

Counseling

SPECIALTIES

Family Services

DETAILS

Up-to-date website

Accepted insurance listed on website

Cash pay rates listed on website

Evidence based therapy listed on website

Bilingual services



WELLTREE MIND AND BODY, LLC

CONTACT

34406 N 27th Drive
Suite 140
Phoenix AZ 85085

(602)-698-8889

<http://www.welltreemindandbody.com/>

SERVICES

**Ages: Children and
Adolescents**

Therapy

Counseling

SPECIALTIES

Depression and anxiety

Trauma and PTSD

ADHD

DETAILS

Up-to-date website

Accepted insurance on website

Cash Pay Rates listed on
website

Evidence based therapy listed
on website



YOUNG MIND CENTER

CONTACT

3202 E Mountain View Rd Phoenix
AZ 85028

(602) 237-6653

<https://youngmindcenter.org/>

SERVICES

Ages: All

Behavioral therapy

Occupational Therapy

ABA therapy

Parent-child interaction therapy

SPECIALTIES

Autism Intervention

Inclusive preschool

Speech Therapy

DETAILS

Up-to-date website

Accepts BCBS, United,
and Aetna

Cash pay rates not listed

Evidence based therapy
listed on website



CORAZON BEHAVIORAL HEALTH SERVICES

CONTACT

900 E. Florence Blvd. Casa Grande, AZ 85122

(520)-836-4278

<https://www.chaposcorazon.com>

SERVICES

Ages: All

Telehealth services

Psychiatric Services

Individual, Family, and Couple Counseling Services

Intensive outpatient programming

SPECIALTIES

Substance Abuse

Comprehensive cognitive and academic evaluations for learning disabilities, autism, family court, and schools.

Forensic Evaluations

Skill developing services

Employment readiness program

DETAILS

Accepts insurance, listed on website

Cash Pay Rates available

Evidence-based therapy

Bilingual Services



CRISIS PREPARATION AND RECOVERY

CONTACT

1828 E Florence Blvd Building C #143
Casa Grande, AZ 85122

480-804-0326

<https://www.crisispreandrecovery.com>

SERVICES

Ages: 2+

Telehealth
services

Individual, Family, and
Group Counseling
Services

SPECIALTIES

Seriously Mentally Ill (SMI)
Evaluation is a screening for
eligibility for the SMI
program.

The main goal of the SMI
program is to provide
psychiatric care and clinical
support to individuals
suffering from serious
mental illnesses.

Depression, Anxiety,
Grief, Loss, and PTSD

Addiction, Medical Issues

DETAILS

Up-to-date website

Accepts insurance

Evidence based
therapy listed on
website

Bilingual services



RESILIENT HEALTH

CONTACT

309 w. 2ND St. Casa Grande, AZ
85122

877-779-2470

<https://www.resilienthealthaz.org>

SERVICES

Ages: All

Telehealth
services

Individual,
group, and
family
counseling

EDMR therapy

SPECIALTIES

Depression, Anxiety

EDMR

Substance Abuse

Somatic Experiencing

Art Awakenings

Trauma

First episode psychosis

Substance use groups

DETAILS

Accepts insurance

Evidence-based
therapy listed on
website

Bilingual Services



DOREEN ELLIS

CONTACT

210 Sunset Drive, Suite E,
Sedona, Arizona 86336

(928)-301-1821

<http://www.doreenellis.com/>

SERVICES

Ages: All

Telehealth

Individual, Family, and
Couple Counseling Services

EMDR Therapy

SPECIALTIES

Trauma Sensitive Yoga

Marriage Therapy

Substance abuse

Grief and loss

Depression, anxiety, and
eating disorders

DETAILS

Up-to-date website

Accepts insurance

Cash pay rates available

Evidence-based therapies
listed on website

Bilingual Services



TRIBE WELLNESS GROUP

CONTACT

2855 W. State Route 89A
Suite 2, Sedona, AZ 86336

(928)-202-9187

<https://www.tribewellness.com>

SERVICES

Ages: All

Telehealth services

Individual, group, and family
counseling services

Psychiatry

Psychotherapy

SPECIALTIES

Art Therapy

Hypnotherapy

Yoga Therapy

Transcranial Magnetic
Stimulation

Ketamine Psycholytic
Therapy

DETAILS

Up-to-date website

Accepted insurance listed
on website

Evidence based therapy
listed on website

Bilingual services



LATIBULE COUNSELING

CONTACT

281 West 24th Street, Suite 123
Yuma, Arizona 85364

928-247-6430

<https://www.latibulecounseling.com>

SERVICES

Ages: All

Telehealth services

Individual, group, and
family counseling

Dialectical behavior therapy
(DBT)

EDMR Therapy

Sound Therapy

SPECIALTIES

Depression

Anxiety

Trauma

DETAILS

Accepts insurance

Cash pay rates available

Evidence-based therapy
listed on website

Bilingual Services



PATHWAYS OF AZ

CONTACT

3818 W 16TH Street Yuma, AZ
85364

928-317-0177

<https://www.pathwaysofaz.com>

SERVICES

Ages: All

Telehealth services

Individual, couples,
and family counseling

Home- and office-
based counseling

EMDR therapy

SPECIALTIES

Autism Services

Behavioral Intervention
Program

Substance Abuse

Therapeutic Foster Care

Trauma-focused cognitive
behavioral therapy

DETAILS

Accepts insurance

Cash pay rates available

Evidence-based therapy
listed on website

Bilingual Services



YUMA COUNSELING

CONTACT

2189 South Avenue A, Yuma, AZ,
85364

928-276-9535

<https://www.yumacounseling.com>

SERVICES

Ages: All

Telehealth services

Individual, group, and
family counseling

Dialectal Behavior Therapy

Emotionally-focused
therapy

EMDR therapy

Hypnotherapy

SPECIALTIES

ADHD

Trauma recovery

Couples counseling

Grief and Loss Counseling

Finding Peace in
Relationships

DETAILS

Accepts insurance

Cash pay rates available

Evidence-based therapy
listed on website

Bilingual Services



YUMA MENTAL HEALTH AND WELLNESS

CONTACT

3970 W. 24th Street, Suite #214
Yuma, AZ 85364

928-304-3866

<https://www.yumamentalhealth.com>

SERVICES

Ages: All

Telehealth services

Individual, group, and
family counseling

Holistic approach

SPECIALTIES

Panic and anxiety disorder

ADHD

OCD

Depression

Substance Abuse

Eating Disorders

Traumatic stress disorder

Sleep disorder

DETAILS

Cash pay rates available

Evidence-based therapy
listed on website

Bilingual Services



SAGE FAMILY COUNSELING

CONTACT

2517 N Great Western Dr Suite L,
Prescott, AZ 86314

928-793-2233

<https://www.sagefamilycounseling.com>

SERVICES

Ages: All

Telehealth services

Individual, group,
and family
counseling

SPECIALTIES

Couples Therapy

Premarital Counseling

Intensive Conflict
Resolution

Depression, anxiety

DETAILS

Evidence based
therapy listed on
website



SOUTHWEST BEHAVIORAL AND HEALTH SERVICES

CONTACT

7600 E Florentine Road, Suite
201, Prescott Valley, AZ 86314

928-772-1610

<https://www.sbhservices.org/prescott-valley-outpatient>

SERVICES

Ages: All

Telehealth

Outpatient Programs

Individual, Family, and
Couple Counseling Services

Medication services

Psychiatric Care

SPECIALTIES

Substance abuse

Southwest Autism Center for
Excellence

Skills training

Case Management

Depression, anxiety

DUI education

DETAILS

Accepts insurance

Evidence-based therapies
listed on website

Bilingual Services



SPECTRUM HEALTHCARE

CONTACT

3633 Crossings Dr
Prescott, AZ 86305

877-634-7333

<https://www.spectrumhealthcare-group.com>

SERVICES

Ages: All

Telehealth services

Individual, Family, and
Couple Counseling Services

SPECIALTIES

Primary Care,
Depression, Anxiety

Mobile Crisis

Behavioral Health

Pain management

Substance Abuse Disorder

DETAILS

Accepts insurance

Evidence-based therapies
listed on website

Bilingual Services



VIEWPOINT DUAL RECOVERY CENTER

CONTACT

702 W Hillside Ave, Prescott,
AZ, 86301

(855)-746-3633

[https://www.viewpoint
dualrecovery.com](https://www.viewpointdualrecovery.com)

SERVICES

Ages: All

Telehealth Services

Partial Hospitalization
Program

Intensive Outpatient
Program

Individual, Group, and Family
Counseling Services

Holistic Therapies

SPECIALTIES

Psychiatric conditions with co-
occurring substance abuse disorder

Depression

Anxiety

Bipolar disorder

Addiction

Schizophrenia

PTSD

Trauma

DETAILS

Accepted
insurance listed on
website

Evidence-based
therapies listed on
website



POLARA HEALTH

CONTACT

8655 E. Eastridge Drive
Prescott Valley, AZ 86314

928-445-5211

<https://www.polarahhealth.com>

SERVICES

Ages: All

Telehealth services

Individual, Family, and
Couple Counseling Services

In-home services

Adult clinical services

Holistic healthcare

SPECIALTIES

Cognitive Function
Development Therapy

Substance abuse disorder

Residential substance abuse
treatment center

DETAILS

Accepts insurance

Cash pay rates available

Evidence-based therapies
listed on website

Bilingual Services