

# Phoenix Children's Dialysis Update

Dear Patients and Families,

During this time, we will be sending emails updates with any changes that may come as a result of the novel coronavirus. We welcome your feedback and ask that you reply to this email with questions or concerns. You may also call the dialysis facility at (602) 933-3220 between 8AM and 5PM, Monday through Friday.

### How can I decrease my risk of getting sick?

- > Wash your hands often with soap and water for at least 40-60 seconds, especially after going to the bathroom; before eating; after blowing your nose, coughing, or sneezing; and before and after coming in contact with others.
- > Avoid touching your eyes, nose and mouth.
- > Cover your cough or sneeze with a tissue, then throw the tissue in the trash. Clean your hands after.
- > Frequently clean high touch surfaces like door knobs, phones, sink faucet handles, and refrigerator door handles.
- > Limit your contact with others during this time, and keep a 6 foot distance between yourself and others when you must be in public.

# Why am I getting text messages the day before I come to the dialysis center?

We are screening everyone before they come to the dialysis center so we can appropriately treat each patient and limit the spread of any illness. Please continue to answer to these questions so our staff can respond appropriately.

# Who can come to the dialysis facility?

At this time, Phoenix Children's Hospital is only allowing one adult caregiver to come with patients to appointments.

#### Why are staff members wearing masks?

The staff members in the dialysis facility may wear a mask for many reasons. Please be assured that they are not wearing a mask because they are sick. We are monitoring staff closely and anyone with signs of illness are not caring for patients in the dialysis center.

#### Should my family and I be wearing a mask?

The most recent CDC recommendations suggest that wearing a mask may help slow the spread of the novel coronavirus when in public places, such as the grocery store. If you choose to wear a cloth mask, you should wash your hands immediately after removing the mask. Cloth masks may be cleaned in the washing machine. (Cloth masks should not be put on anyone under 2 years of age.)

Patients and families will be asked to wear a procedural mask when starting hemodialysis and when coming off of hemodialysis. After use, the masks will be put into a paper bag and reused. If you feel the mask needs to be replaced before a new mask is given to you, please discuss this with the nurse who will provide you with a new mask if appropriate.

# Why is my nurse no longer wearing a yellow gown?

Based on recent policy changes, yellow gowns will no longer be required for dressing changes and when accessing a port. Family members who need to stay with the patient when starting hemodialysis and coming off of hemodialysis will continue to wear the yellow gowns.

# Please visit phoenixchildrens.org for the most up to date information.

Thank you,

The Phoenix Children's Hospital-Dialysis Center Staff