

Your child has a procedure scheduled.

Please read all instructions before your child's procedure.

- Clear Liquids **only** for 8 hours before the procedure

CLEAR LIQUIDS are liquids you can see through and include:

- Clear fruit juices without pulp
- Water, vitamin water, flavored water
- Clear chicken broth or bouillon (not beef)
- Gatorade, Powerade, Kool-aid, Pedialyte
- Plain Jello (without added fruits or toppings)
- Ice popsicles

*****NO RED, BLUE, OR PURPLE DYES**

- Nothing to eat or drink for 4 hours before the procedure.
- Regular medications can be given up to four hours before the procedure. Please reach out to your clinical team if taking GERD treatment medications to see if they need to be stopped prior to the procedure.

Please check in **2 hours** before the procedure.

Please contact our office with any questions or concerns about the procedure: **602-933-0940**.

