

Name of Child: _____ Date: _____

Home Care After Sedation

- Your child had a procedure called: _____
- Your child was given medicine called: _____
to make him relaxed and sleepy.
- When your child is awake enough to swallow well, give him some clear liquids,
such as soda, clear juice or popsicles. Your child should drink plenty of fluids
during the first 24 hours.
- Your child may not want to eat today. When your child is ready to eat, he may
have his usual food.
- Your child may take his usual medicine.

Take special care for the next 24 hours:

- **The medicine may relax your child so much, that he may choke on foods easily.**
 - Do not let your child eat foods that he could choke on.
 - Foods children easily choke on include hot dogs, hard candy, grapes, nuts,
raisins, raw carrots and chunks of meat.
- **If your child is an infant, have him sleep on his side.** This way, if the child
throws up, he is less likely to choke.

- **Your child may be unsteady, dizzy or sleepy.**
 - Watch your child carefully to keep him from getting hurt.
 - Watch your child every time he uses the toilet or bathes.
 - Do not let your child ride a bike, swim or hold sharp objects.
- **Your child may be restless, throw up, have gas or an upset stomach.**
- If your doctor did not talk to you about **pain medicine** for your child, call your doctor before giving your child any medicine for pain.
- If, **after 24 hours**, your child is still dizzy, sleepy, restless, throwing up, has gas or an upset stomach, call your doctor.



- If you have any **questions or concerns**, call your doctor:
- **Call 911** for medical emergencies, such as heavy bleeding or trouble breathing.

If you want to know more about child health and illness,
visit our library at The Emily Center at Phoenix Children's Hospital

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www.phoenixchildrens.org

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Disclaimer

The information provided at this site is intended to be general information, and is provided for educational purposes only. It is not intended to take the place of examination, treatment, or consultation with a physician. Phoenix Children's Hospital urges you to contact your physician with any questions you may have about a medical condition.

#43 • Written by Judy Bell, RN and Bev Morgan, RN • Illustrated by Dennis Swain.

This handout is also available in Spanish as #89/43s.