

Name of Child: \_\_\_\_\_ Date: \_\_\_\_\_

# Promethazine Hydrochloride Suppository

**Other name:** Phenergan

**Why it is given:** For feeling sick to the stomach and throwing up.

## When to give it:

- Give \_\_\_\_\_ promethazine suppository rectally every \_\_\_\_\_ hours, as needed.
- Your child's last dose was given at \_\_\_\_\_ a.m./p.m.  
Do not give the next promethazine suppository before \_\_\_\_\_ a.m./p.m.

## What you need:

- Promethazine suppository
- Clean glove (not sterile)
- K-Y jelly (not petroleum jelly or Vaseline)
- Soap or alcohol-based hand rub
- Paper towels

## How to give it:

1. If possible, have your child use bathroom.
2. Clean your hands with soap and water for 15 to 30 seconds. Rinse, then dry your hands with clean paper towels.

If your hands are not visibly dirty, you can use alcohol-based hand rub to clean them using the following steps:

1. Put enough alcohol-based hand rub to fill the palm of your hand.
2. Spread the hand rub over all parts of your hands.
3. Rub hands until dry.



**Push the suppository in  
past the muscle.**

3. Unwrap the suppository.
4. Put on a glove.
5. Apply tiny dab of K-Y Jelly to top of the suppository.
6. Have your child lie on his side.
7. Spread your child's buttocks and put the suppository into the anus. Push the suppository in, past the muscle. This will keep it from slipping out. Allow your child to lie down for a few minutes while it dissolves.
8. Take off your glove, throw it away.
9. Clean your hands.

**After the treatment:** Tell your child he or she may feel the need to use the bathroom, but that is just the suppository. After the suppository melts, the feeling will go away.

## Things to know:

- Store this medicine in the refrigerator.
- Since promethazine may cause dizziness, avoid skates, skateboards, bicycles and driving after taking this medicine.
- Keep this and all medicine out of the reach of children.
- Never take the promethazine rectal suppository by mouth.
- Do not give the next promethazine suppository before \_\_\_\_\_ a.m. / p.m.

## Possible Side Effects:

- dizziness
- drowsiness
- sleepiness

## Now that you've read this:

- Tell your nurse or doctor when you would give a promethazine suppository. (Check when done.)
- Show your nurse or doctor how you would give a suppository. (Check when done.)



If you have any questions or concerns,  
 call your child's doctor or  call \_\_\_\_\_

If you want to know more about child health and illness,  
visit our library at The Emily Center at Phoenix Children's Hospital  
1919 East Thomas Road  
Phoenix, AZ 85016  
602-933-1400  
866-933-6459  
[www.phoenixchildrens.org](http://www.phoenixchildrens.org)  
Facebook: [facebook.com/theemilycenter](https://www.facebook.com/theemilycenter)  
Twitter: @emilycenter

**Disclaimer**

The information provided at this site is intended to be general information, and is provided for educational purposes only. It is not intended to take the place of examination, treatment, or consultation with a physician. Phoenix Children's Hospital urges you to contact your physician with any questions you may have about a medical condition.

April 21, 2016 • DRAFT to family review  
#79 • Written by A. White, MS, RN • Reviewed by Allison Mruk, PharmD • Illustrated by Dennis Swain



**Medication**  
Si usted desea esta información en español,

Name of Health Care Provider: \_\_\_\_\_ Number: 79  
For office use: Date returned: \_\_\_\_\_  db  nb

## Family Review of Handout

Health care providers: Please teach families with this handout.  
Families: Please let us know what you think of this handout.

Would you say this handout is hard to read?  Yes  No  
easy to read?  Yes  No

Please circle the parts of the handout that were hard to understand.

Would you say this handout is interesting to read?  Yes  No

Why or why not?

Would you do anything differently after reading this handout?  Yes  No

If yes, what?

After reading this handout, do you have any questions about the subject?  Yes  No

If yes, what?

Is there anything you don't like about the drawings?

Yes

No

If yes, what?

What changes would you make in this handout to make it better or easier to understand?

Please return your review of this handout to your nurse or doctor or send it to the address below.

The Emily Center  
Health Education Specialist  
Phoenix Children's Hospital  
1919 East Thomas Road  
Phoenix, AZ 85016-7710

602-933-1395

Thank you for helping us!