Your child is scheduled for a Transnasal Endoscopy (TNE) without anesthesia with Dr. Schroeder. A few important instructions prior to your visit:

1. Please make sure that your child has been compliant with their current treatment for.
   If they have not been following the treatment program, we will need to reschedule your TNE procedure.

2. Please make sure that your child is not currently ill with fevers, vomiting, nasal congestion, or respiratory infection. If they have any of the above symptoms, we will need to reschedule your TNE procedure.

3. If seasonal allergies are flaring causing nasal congestion, please use Flonase®/Fluticasone (intranasal) in both nostrils over the weekend. For children between the ages of 4 and 11, use one spray in each nostril once daily. For children 12 years of age and older, use 2 sprays in each nostril once daily.

4. If you have questions or concerns, please email the clinic at:
   PCHGIClinic@phoenixchildrens.com

Arrival Instructions:

The TNE is performed as an outpatient clinic visit in Clinic E on the second floor of the Main tower. Please enter through the Main hospital entrance, check in at registration, and head up to the second floor. The best place to park is in the Thomas Parking structure off of Thomas Road. Please respond to the text sent by our department upon your arrival. Please arrive 20 minutes early to complete registration and have vitals taken.

Eating Instructions:

The benefit of undergoing TNE is that there is no need for anesthesia or long periods without anything to eat or drink prior to your procedure. Your child can eat a light breakfast (no red foods/drinks) on the day of their procedure including taking their usual medications, but please no eating or drinking 2 hours prior to the procedure.

Please review the video below about what to expect from your nasal endoscopy. If you have, questions or concerns please call 602-933-0323.   https://www.youtube.com/watch?v=LrwhbwyfpCY

Thank you,

Dr. Schroeder