Thursday, June 8, 2017

Conference
7:30 a.m. to 4 p.m.

U of A College of Medicine - Phoenix Campus
Health Sciences Education Building
Lecture Hall C105
435 N. 5th St. (entrance to building)
Phoenix, AZ 85004

Voucher parking available in PBC Garage
SE corner of 5th St. and Fillmore
(entrances are on the south side of Fillmore and the east side of 5th St.)

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**PROGRAM CREDITS**

**Continuing Medical Education Credit**

Phoenix Children’s Hospital is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Phoenix Children’s Hospital designates this live activity for a maximum of 7 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Physical Therapy Continuing Education**

0.7 CEU approval pending

**Athletic Trainers Continuing Education**

Phoenix Children’s Hospital has been approved by the Board of Certification, Inc. to offer Continuing education for Certified Athletic Trainers. This program has been approved for a maximum of 7 hours of Category A continuing education. Certified Athletic Trainers Are responsible for claiming only those hours actually spent participating in the continuing Education activity.
As a result of attending this conference, participants should be able to:

- Review the management of shoulder instability in the young athlete.
- Understand treatment recommendations for physeal fractures of the proximal humerus.
- Update on current concepts for management of pediatric clavicle fractures and AC joint injuries.
- Understand the history of hockey
- Understand the current state of hockey in Arizona
- Comprehend the biomechanical forces of the game of hockey
- Comprehend the equipment used to play the game of hockey
- Identify common injuries of the head and neck in hockey
- Identify common injuries of the upper extremity in hockey
- Identify common injuries of the lower extremity in hockey
- The participants will be able to identify the location, causes and preventative measures for Plantar Fascia injuries
- The participants will be able to identify the location, causes and preventative measures for Peroneal tendon injuries
- The participants will be able to identify possible stress fractures of the foot and common locations for these and when further imaging should occur.
- Identify history and physical exam consistent with hypermobility
- Discuss management of pain and disability in hypermobile athlete
- Discuss proactive approach to reduce recurrent injury and promote self-awareness in the hypermobile athlete
- The participant will be able to identify the tenets of the Osteopathic philosophy and principles that guide treatment.
- The participant will identify the proper conditions and patients that would benefit from Osteopathic Manipulative Treatment (OMT).
- The participant will be able to identify various techniques in Osteopathic Manipulative Treatment (OMT) and the rationale behind those treatments.
- Identify different types of concussion
- Develop return to learn prescriptions
- Distinguish between return to activity and return to play
- Learn screening tools to identify concussion symptoms
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:30 - 8:00 a.m.</td>
<td>Registration</td>
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<tr>
<td>8:00 - 8:10 a.m.</td>
<td>Welcome</td>
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<tr>
<td>8:10 - 8:50 a.m.</td>
<td>Acute Shoulder Injuries in Young Athletes – Jeff Vaughn, DO</td>
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<tr>
<td>8:50 - 9:30 a.m.</td>
<td>Hockey in the Desert. A Brief History and Review of Common Injuries – Brian Kelly, MD</td>
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<tr>
<td>9:30 - 10:10 a.m.</td>
<td>Overuse Injuries of the Foot and Ankle – Perry Edinger, PA-C</td>
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<tr>
<td>10:10 - 10:30 a.m.</td>
<td>Questions/Break</td>
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<tr>
<td>10:30 - 11:10 a.m.</td>
<td>Identification and Management of the Hypermobile Athlete – Randon Hall, MD</td>
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<tr>
<td>11:10 - 11:50 a.m.</td>
<td>Osteopathic Manipulative Medicine: What’s it Really All About? – Eric Bowman, MD</td>
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<td>11:50 a.m. - 12:10 p.m.</td>
<td>Questions/Break</td>
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<tr>
<td>12:10 - 1:00 p.m.</td>
<td>Lunch/Out of the Darkness - Concussion Management 2017 – Kristina Wilson, MD</td>
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<tr>
<td>1:00 - 1:15 p.m.</td>
<td>Shoulder Exam Didactic – Kristina Wilson, MD</td>
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<td>1:15 - 1:30 p.m.</td>
<td>Elbow Exam Didactic – Randon Hall, MD</td>
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<td>1:30 - 2:00 p.m.</td>
<td>Small group breakout - all</td>
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<tr>
<td>2:00 - 2:15 p.m.</td>
<td>Spine Exam Didactic – Eric Bowman, MD</td>
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<tr>
<td>2:15 - 2:30 p.m.</td>
<td>Hip/Pelvis Exam Didactic – Brian Kelly, MD</td>
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<td>2:30 - 3:00 p.m.</td>
<td>Small group breakout - all</td>
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<tr>
<td>3:00 - 3:15 p.m.</td>
<td>Knee Exam Didactic – Jeff Vaughn, DO</td>
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<tr>
<td>3:15 - 3:30 p.m.</td>
<td>Foot/Ankle Exam Didactic – Perry Edinger, PA-C</td>
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<td>3:30 - 4:00 p.m.</td>
<td>Small group breakout - all</td>
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<tr>
<td>4:00 p.m.</td>
<td>Closing remarks</td>
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Conference syllabus will be available online for you to access and print effective May 25th at phoenixchildrens.org/sportsmedagenda.
Eric Bowman, DO  
Pediatric and Adolescent Sports Medicine Specialist  
Center for Pediatric Orthopedics, Phoenix Children's Hospital  
Phoenix, Arizona

Perry Edinger, PA, ATC  
Phoenix Children's Hospital – Orthopedics  
Arizona State University – Consultant with Track and Field  
NFL – Concussion Spotter  
Center for Pediatric Orthopedics  
Phoenix Children's Hospital  
Phoenix, Arizona

Randon Hall, MD, MBA  
Pediatric and Adolescent Sports Medicine Specialist  
Center for Pediatric Orthopedics, Phoenix Children's Hospital  
Head Team Physician Copper Canyon High School and Desert Edge High School  
Clinical Assistant Professor, Department of Child Health  
University of Arizona  
College of Medicine  
Phoenix, Arizona

Brian Kelly, MD, FAAP  
Pediatric and Adolescent Sports Medicine Specialist  
Center for Pediatric Orthopedics, Phoenix Children's Hospital  
Head Team Physician Tolleson High School and Rancho Salano Prep  
Clinical Assistant Professor, Department of Child Health  
University of Arizona  
College of Medicine  
Phoenix, Arizona

Jeffrey M. Vaughn, DO  
Pediatric and Adolescent Sports Medicine Orthopedic Surgeon  
Center for Pediatric Orthopedics, Phoenix Children's Hospital  
Phoenix, Arizona  
Head Team Physician Williamsfield High School  
Clinical Assistant Professor, Department of Orthopedics and Child Health  
University of Arizona  
College of Medicine  
Phoenix, Arizona  
Assistant Professor of Pediatrics, Mayo Clinic College of Medicine and Science  
Phoenix, Arizona

Kristina Wilson, MD, MPH  
Medical Director, Pediatric and Adolescent Sports Medicine  
Center for Pediatric Orthopedics, Phoenix Children's Hospital  
Head Team Physician ASU Prep, Metro Tech High School, Bourgade Catholic Prep, and North Pointe Prep  
Co-Medical Director Brain Injury and Concussion Program  
Barrow Neurologic Institute at Phoenix Children's Hospital  
Clinical Assistant Professor, Department of Child Health  
University of Arizona  
College of Medicine  
Phoenix, Arizona
1. CONTACT INFORMATION (please print)

Name ________________________________________________ Degree ______________

Address ___________________________________________________________________

City __________________________________________ State _______ Zip _____________

Business Phone (         ) ____________________ Home Phone (         ) ___________________

Fax (         ) ___________________ Email Address ___________________________________

2. FEES

Early registration is encouraged, due to limited seating. Registration fees include tuition, syllabus, breakfast, lunch and refreshments during the program.

Make your selections here

- Physicians $175 ________
- Non-physicians $130 ________
- Residents/medical students FREE ________

Total: ________

3. PAYMENT METHOD

Payment may be made by check or credit card. The full fee is payable upon registration.

- Enclosed is a check payable to:
  Phoenix Children’s Hospital – Orthopedic Surgery Department
  Please charge my credit card:
  - American Express
  - MasterCard
  - Visa

Credit Card #_______________________________________________________________

Security ID number (located on the back of the card)________ Exp. date_____________

Cardholder’s Name (please print) _____________________________________________

Cardholder’s Signature_______________________________________________________

4. REGISTRATION SUBMISSION

Please clip and mail or fax this registration form directly to:
Phoenix Children’s Hospital
ATTENTION: Debby Pike
PCH Department of Pediatric Orthopedic Surgery
1919 E. Thomas Rd., Phoenix, AZ  85016

OR
Fax to (602) 933-5230

OR
Register online at phoenixchildrens.org/sportsmedupdate

You will receive confirmation of your registration.

For further information and assistance with special requests, please contact:
  Debby Pike, at (602) 933-0264 or dpike@phoenixchildrens.com
1919 E. Thomas Rd.
Phoenix, AZ 85016

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Continuing Medical Education

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Specialized Care of the Young Athlete:
Current Concepts in Sports Medicine

• 8TH ANNUAL •

Sports Medicine

PHOENIX CHILDREN'S Hospital®
Center for Pediatric Orthopedics