

Name of Child: _____ Date: _____

After Heart Surgery

Machines and Services You May Have at Home

Your child may go home with some machines. Before your child leaves the hospital, you need to learn what these are for and why your child needs them. Ask your nurse to teach you. Before you can get these machines or services, your case manager needs to ask your insurance company if they will pay for them. This is called an **authorization**.

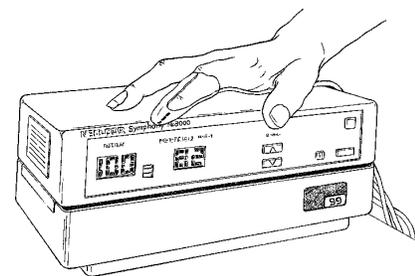
Oximeter

You may have noticed a wire with a little red light wrapped around your child's finger or toe. This is an **oximeter**, which measures the percentage of oxygen in the blood (called **oxygen saturation**).

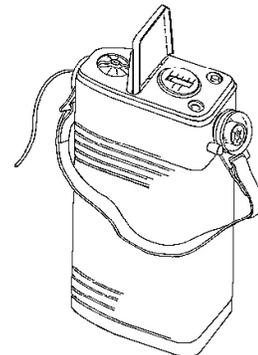
If the doctor wants to know your child's oxygen saturation at home, you will be taught how to use this.

Oxygen

If the doctor wants your child to get oxygen at home, you will get an oxygen tank and an oxygen system set up in your home. You can start to learn about this in the hospital. When the home care company delivers this to your home, you will be taught how to use it.



An oximeter measures the percentage of oxygen in the blood



a portable oxygen tank

If you want to start to learn about oxygen now, ask your nurse for the booklet: **Using Oxygen at Home #338**

Feeding pump and NG supplies

If your child needs to be fed through an NG tube (nasogastric tube), your nurse will teach you how to do this.

If you want to start to learn about this now, ask your nurse for the booklet: **How to Feed Your Child Through a Nasogastric (NG) Tube #62**

You may also need a feeding pump to give your child the feedings. A pump controls the amount of formula that flows through the tube. When the home care company delivers this to your home, you will be taught how to use it.

Sometimes insurance companies will pay for formula given through a NG tube. Ask your child's case manager to find out from your insurance company if they will pay for it.

Scale

If your child is ready to go home, but your healthcare team wants to monitor your child's weight closely, your doctor may order a scale for your home. Checking your child's weight on a special scale made for children is a helpful way to be sure your child is growing at a steady rate after heart surgery.

Home Health Nurse

The doctor may want a nurse to visit your child at home. The home health nurse can see how your child is doing and answer your questions. This nurse and your doctor will work together to help your child do well at home.

Now that you've read this:

Tell your nurse or doctor what machines your child may go home with. (Check when done.)

Tell your nurse or doctor what a home health nurse does. (Check when done.)



If you have any questions or concerns,

call your child's doctor or call _____

If you want to know more about child health and illness,
visit our library at The Emily Center at Phoenix Children's Hospital

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Phoenix, AZ 85016

602-933-1400

866-933-6459

www.phoenixchildrens.org

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Disclaimer

The information provided at this site is intended to be general information, and is provided for educational purposes only. It is not intended to take the place of examination, treatment, or consultation with a physician. Phoenix Children's Hospital urges you to contact your physician with any questions you may have about a medical condition.

February 11, 2016 • DRAFT to family review

#921 • Written by Michele Osborn, RN • Illustrated by Dennis Swain and Irene Takamizu

After Heart Surgery Machines and Services You May Have at Home

Name of Health Care Provider: _____

Date returned: _____ db

Family Review of Handout

Health care providers: Please teach families with this handout.

Families: Please let us know what you think of this handout.

Would you say this handout is hard to read? Yes No

easy to read? Yes No

Please circle the parts of the handout that were hard to understand.

Would you say this handout is interesting to read? Yes No

Why or why not?

Would you do anything differently after reading
this handout? Yes No

If yes, what?

After reading this handout, do you have any
questions about the subject? Yes No

If yes, what?

Is there anything you don't like about the drawings?

Yes

No

If yes, what?

What changes would you make in this handout to make it better or easier to understand?

Please return your review of this handout to your nurse or doctor or send it to the address below.

The Emily Center
Health Education Specialist
Phoenix Children's Hospital
1919 East Thomas Road
Phoenix, AZ 85016-7710

602-933-1395

Thank you for helping us!