

## DOWN Syndrome Clinic

## **ABOUT THE PROGRAM**

The Pediatric Down Syndrome Clinic within Barrow Neurological Institute at Phoenix Children's Hospital is a comprehensive, multi-disciplinary clinic focused on the coordinated care and management of children with Down syndrome. When a child is seen within our multidisciplinary clinic they are seen by a team of experts that specialize in the care of children with Down syndrome to support the child's primary care provider. The team is led by a developmental pediatrician in coordination with a wonderful nurse practitioner and a fantastic rehabilitation team. Our rehabilitation teams consists of an occupational therapist, physical therapist, and speech or feeding therapist.

- > Neurology
- > Gastroenterology
- > Neurosurgery

- > Ophthalmology
- > Cardiology
- > Psychiatry

- > Endocrinology
- > Pulmonology
- > Genetics

Our program coordinator and registered nurseare dedicated to helping families coordinate their subspecialty medical needs, therapies, school services and community resources. Our goal is to support the family, ensure comprehensive care of the child, and support the primary pediatrician in providing a medical home.

## **TREATMENT OPTIONS**

Each child seen in the Pediatric Down Syndrome Clinic is evaluated by a developmental pediatrician or nurse practitioner. Most patients are also evaluated by physical medicine and rehabilitation.

Rehabilitation services are dependent upon insurance approval and may include speech/feeding therapy, occupational therapy and physical therapy. The program coordinator works with families to provide individualized services for each child.

## **ABOUT DOWN SYNDROME**

Down syndrome, the most commonly occurring chromosomal condition, often occurs when a person has an extra copy of chromosome 21 (Trisomy 21), but may also occur due to translocation or mosaicism. One in every 691 babies in the United States is born with Down syndrome. In Arizona, 161 babies are born with Down syndrome each year.

At Phoenix Children's Hospital, and in the Pediatric Down Syndrome Clinic, we know that every child with Down syndrome is their own unique person. We highlight each child's strengths while supporting their family in their advocacy efforts. We are grateful to be able to partner with organizations in our community to ensure individuals with Down syndrome receive the care, support, and recognition they deserve.

**To refer a patient:** (602) 933-FXDS (3937) (602) 933-4289

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