

Your child has a procedure scheduled.

**Please read all instructions prior to your child's procedure.**

**A Pre-Operative nurse will call with specific times regarding your child's procedure.**

- No Aspirin, Ibuprofen products, or Aleve for one week prior to procedure. Acetaminophen (Tylenol) is fine.
- No red meat or heavy red pasta sauces for 3 days prior to the procedure.

The pre-operative nurse will tell you when to start clears. Solid foods, orange juice, milk, dairy, soy milk, rice milk, thickeners, and fruit juices with pulp are **NOT** allowed once clears have started.

**CLEAR LIQUIDS** are liquids you can see through and include:

- Clear fruit juices without pulp
- Water, vitamin water, flavored water
- Clear chicken broth or bullion (not beef)
- Gatorade, Powerade, Kool-Aid, Pedialyte
- Plain Jell-O (without fruit or toppings)
- Ice popsicles,

**\*\*\*NO RED, BLUE, OR PURPLE DYES**

**DAY OF THE PROCEDURE:**

1. Clear liquids are allowed up until 2 hours before check-in. Please follow any other day of procedure instructions given by the pre-operative nurse.
2. You will see the anesthesiologist and your GI doctor prior to the procedure. You will see the doctor following the procedure for visual impressions. Test results will be available within 2 weeks. The GI doctor or a member of their team will call and review the results with you.

Please contact our office with any questions or concerns about the procedure: **602-933-0940**

