

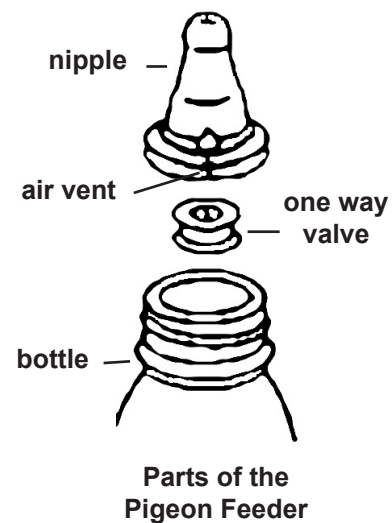
Name of Child: \_\_\_\_\_ Date: \_\_\_\_\_

# How to Use the Pigeon Nipple

Some babies have trouble feeding. They may find it easier with a **pigeon nipple**. This nipple has a hard side and a soft side. The baby can press his or her tongue on the soft side to make the formula flow. This helps babies who have trouble sucking. You can squeeze the bottle to help your baby suck. Once the baby learns how to use the nipple, the baby may be able to feed without you squeezing.

## How to put the bottle parts together

1. Put formula for one feeding in the bottle.
2. Put the nipple into the nipple ring
3. Put the one way valve into the nipple  
Put the flat side toward the tip of the nipple  
and the pointed tip down toward the bottle.
4. Screw the nipple and ring on the bottle.



## How to Feed

1. Hold the bottle up and squeeze the nipple to get out the air.
2. Keep squeezing the nipple, and tip the feeder upside down.
3. Let go of the nipple. The formula will fill the nipple.
4. Point the air vent under the baby's nose.

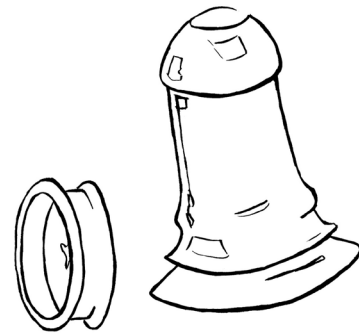
The soft side of the nipple is on the baby's tongue.

The hard side of the nipple is on the roof of the mouth.

5. If the baby needs help feeding, squeeze the bottle a little as the baby sucks.

## How to clean the parts

1. After each time you use the bottle, take the feeder apart.
2. Wash all parts in warm soapy water.
3. Boil all parts for 5 minutes. If you boil them longer, they will wear out faster.
4. Place on a paper towel to dry.



**Wash all parts in warm soapy water.**

If you want to know more, read the instructions that came with the bottle.

## Where to buy a Pigeon Nipple

Philips Healthcare

<http://healthcare.philips.com>

800-225-0230

## Now that you've read this

- Tell your nurse, doctor, or therapist why your baby needs a Pigeon Nipple. (Check when done.)
- Show your nurse, doctor, or therapist how you fill the bottle. (Check when done.)
- Show your nurse, doctor, or therapist how you feed your baby with the Pigeon Nipple. (Check when done.)
- Tell your nurse, doctor, or therapist how you would clean the bottle parts. (Check when done.)



If you have any questions or concerns,  
 call the Phoenix Children's Hospital Outpatient  
Rehabilitation Department at 602-933-0980  
or  call \_\_\_\_\_

If you want to know more about child health and illness,  
visit our library at The Emily Center at Phoenix Children's Hospital  
1919 East Thomas Road  
Phoenix, AZ 85016  
602-933-1400  
866-933-6459  
[www.phoenixchildrens.org](http://www.phoenixchildrens.org)  
Facebook: [facebook.com/theemilycenter](https://facebook.com/theemilycenter)  
Twitter: [@emilycenter](https://twitter.com/emilycenter)  
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**Disclaimer**

The information provided at this site is intended to be general information, and is provided for educational purposes only. It is not intended to take the place of examination, treatment, or consultation with a physician. Phoenix Children's Hospital urges you to contact your physician with any questions you may have about a medical condition.

November 24, 2015 • DRAFT to family review  
#926 • Written by Sarah Deitz, MS, CCC-SLP • Illustrated by Rebekka Takamizu

## How to Use the Pigeon Nipple

Name of Health Care Provider: \_\_\_\_\_

Date returned: \_\_\_\_\_  db

## Family Review of Handout

Health care providers: Please teach families with this handout.

Families: Please let us know what you think of this handout.

Would you say this handout is hard to read?  Yes  No

easy to read?  Yes  No

Please circle the parts of the handout that were hard to understand.

Would you say this handout is interesting to read?  Yes  No

Why or why not?

Would you do anything differently after reading  
this handout?  Yes  No

If yes, what?

After reading this handout, do you have any  
questions about the subject?  Yes  No

If yes, what?

Is there anything you don't like about the drawings?

Yes

No

If yes, what?

What changes would you make in this handout to make it better or easier to understand?

Please return your review of this handout to your nurse or doctor or send it to the address below.

The Emily Center  
Health Education Specialist  
Phoenix Children's Hospital  
1919 East Thomas Road  
Phoenix, AZ 85016-7710

602-933-1395

**Thank you for helping us!**