

Clinical Psychology Doctoral Internship Program

Phoenix Children's Hospital psychologists provide assessment, consultation, and treatment to infants, children, adolescents, and families.

The psychology internship program is offered by the Behavioral Medicine Department, which trains medical residents, psychiatry residents, psychology practicum students, and psychology interns.

Our Doctoral Internship program offers training in inpatient medical, outpatient medical/non-medical, and assessment experiences. We are a member of APPIC and the program is APA accredited. The address of the APA Commission on Accreditation is: 750 First Street NE, Washington, DC 20002, (202) 336-5979, E-mail: apaaccred@apa.org, Web: www.apa.org/ed/accreditation.

The primary goal of our program is to train interns in the core competencies needed to be a skilled psychologist working with children, adolescents, and families in a medical setting. Additionally, multicultural/diversity issues, ethical issues, interpersonal skills, and professional behavior are addressed during the training year.

Our program embraces cultural and individual diversity and strives to recruit intern's representative of diverse personal and demographic characteristics. Candidates likewise, should have experience, and the desire to work with diverse groups of children, adolescents, and families in a medical setting.

Application process

Phoenix Children's Hospital participates in the National Matching Service and abides by the APPIC match policies. Our National Matching Service Program Code Numbers are 205212 for the Consultation/Liaison track and 205213 for the Pediatric Neuropsychology track. This internship site agrees to abide by the APPIC policies. [Read all of the policies.](#)

A completed application needs to be received by **November 1, 2013**. We require the following information:

- Official transcripts of all graduate work.
- A current curriculum vitae.
- Letters of recommendation from at least three professionals who are familiar with you and your work, including two letters from clinical placement supervisors.
- Sample of a child/adolescent assessment/intake report. (Please remove all identifying information.)
- Completed on-line AAPI Application for Psychology Internship and APPIC Academic Program's Verification of Internship Eligibility and Readiness form. Download the AAPI forms at their site.
- National Matching Services will send your applicant code number for the Match. Please include this applicant code number with your application. Call (416) 977-3431 for assistance.

Get more information about the [APPIC match](#). Again, our National Matching Service Program Code Numbers are 205212 and 205213.

You will be notified by e-mail when your completed application has been received. We look forward to receiving your application.

Contact Dr. John Barton regarding questions about your application:

jbarton@phoenixchildrens.com

Phone: (602) 933-0414

Fax: (602) 933-0418

Selection process

Intern slots

There are two psychology internship openings for the 2014-2015 internship training year. We offer two tracks; one in Consultation/liaison work and the other in Pediatric Neuropsychology. Both interns will receive training in assessment, consultation/liaison work, and outpatient therapy.

Training period

The psychology internship will begin July 1, 2014 and end June 30, 2015.

Initial screening

We will review the completed application and all materials. This includes assessing how well our program meets your needs and how your background and experience fit with our program.

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By December 15, 2013, you will receive an e-mail:

- requesting you contact us to schedule an interview
- or informing you that you are no longer under consideration

Interviews

On-site interviews are preferred; however, telephone interviews can be arranged. The on-site interview will consist of meeting individually with our staff. Applicants will also have the opportunity to meet with current interns and practicum students. Telephone interviews will provide the opportunity to speak with at least two of our staff members. Applicants will also tour one of the largest children's hospitals in the nation.

Eligibility

To qualify, applicants should, at the time of application:

- have completed four years of graduate school in psychology,
- have Master's degree by application deadline,
- have three years post-bachelor supervised clinical experience,
- have two years post-bachelor experience with children, adolescents, and families,

- by the start of the internship, have completed all doctoral coursework and all qualifying and comprehensive exams,
- have passed the proposal stage for doctoral dissertation,
- have completed a minimum of 800 hours of supervised clinical experience, which includes experience in child and family therapy. At least 100 hours of supervised experience should involve psychological assessment.

Applicants must come from APA-accredited programs.

The selection criteria include many other areas.

Applicants are evaluated for:

- their interests and goals appropriate to our internship program,
- emotional maturity and stability,
- appropriate interpersonal skills,
- skill in translating theory into integrated practice,
- a sound theoretical and academic foundation for effective clinical work and conduct, and demonstrated sensitivity to multicultural issues.

Reference checks

We may call some of your references for additional information during December, January, and February.

Final decision making

Each applicant's strengths and weaknesses will be considered to determine if Phoenix Children's Hospital is a good match. Applicants should consider if our hospital is a good fit for their training needs and professional direction. Consider talking with your advisor for help in the process.

Match Day - February 21, 2014

We are hopeful that everyone we interview will be placed in the setting they want and we are excited to find out who our interns are for the training year.

We will contact our matched applicants by telephone after the noon (EST) deadline on February 21, 2014, in accordance with APPIC Guidelines. Within 72 hours, we will send matched applicants confirmation of their appointments.

Stipend and benefits

Stipend - \$28,093

Insurance benefits

Basic life insurance, health insurance including HIV indemnity, disability insurance, and professional liability insurance are provided for each intern. In addition, dental, vision, and long term care benefits may be selected at a reduced rate.

Paid time-off

Interns are provided with two weeks paid time-off each year to be used at their discretion.

Pagers

Each intern is provided with alpha-numeric pagers at no cost.

Books and conferences

Each intern receives a \$500 allowance to spend on educational materials or conference attendance. Interns are encouraged to attend local CME conferences sponsored by the hospital free of charge.

Leaves of Absence

All leaves of absence, including medical, family, military, disability or personal, may be taken in accordance with the applicable PCH Leave of Absence Policy, which can be accessed on PCH's intranet (PolicyIQ) or by requesting copies from PCH's Academic Affairs Office. The Intern acknowledges that the impact of leave may require extension of the Intern's Program and affect specialty board certification requirements. Accordingly the amount of leave time that will prolong the training time for the Intern shall be determined by the Training Director and the requirements of the applicable Training Committee and/or certifying specialty board.

Library

Each intern has unlimited access to the biomedical library. This includes access via the Internet to electronic data bases and stored journals.

Doctoral psychology internship overview

Mission:

Our mission is to provide excellence in pediatric psychology training to graduate students and interns.

Values:

- Integrity – to exhibit high standards ethically and professionally within the practice of psychology.
- Dignity – to show dignity and respect through our interactions with our advanced psychology students, our patients, and all others, regardless of culture, race, religion, employment status, or individual differences.
- Nurturing – to support our advanced psychology students in a manner which nurtures mastery and excellence.

Our philosophy

Phoenix Children's Hospital Internship in Clinical Psychology trains interns as practitioners by using evidence-based practices. There are research opportunities for motivated interns. The training faculty at Phoenix Children's Hospital operates from a practitioner-scholar model. Consistent with this model and its emphasis on the mutuality of science and practice, the focus of our training program is on the practical application of scholarly knowledge in the provision of direct patient care, coupled with the evaluation of the efficacy of those interventions and continued planning to improve those services. Interns are trained to think critically in the delivery of services that take into account individual, cultural, and societal considerations. The majority of current staff members was trained in the scientist-practitioner model and sees the inclusion of empirical work as a necessary component for the competent treatment of psychological problems. We strive to provide interns with a breadth and depth of training experiences in the context of utilizing innovative scientific information to guide their treatment planning, conceptualization, and delivery.

We utilize a developmental process for the training of our interns. Learning is achieved through the observation and subsequent practice of professional activities, while receiving support and feedback regarding their progress. Supervisors will work throughout the year to move the intern to a more autonomous role and prepare them to become early-career psychologists, ready for their post-doctoral fellowship by the end of the training year. Our goal is to train interns in the core competencies appropriate for an entry-level psychologist working with children, adolescents, and families in a medical center setting.

The internship program is administered by the Training Director with the assistance of the Internship Coordinator and the Internship Training Committee, consisting of the Behavioral Medicine staff psychologists at Phoenix Children's Hospital.

Training is achieved through:

- didactic learning across many areas of diversity issues, ethics, assessment, theory, clinical interventions, and professional issues;
- observation of supervisors with patients as well as in collaboration with interdisciplinary members of the patient's team;
- and conducting assessments and interventions, with supervision, that promote psychological well-being.

Our goal is to train interns in the core competencies needed to be a skilled psychologist working with children and adolescents in a medical setting.

Core competencies include:

- assessment,
- intervention,
- consultation,
- and professional development.

Additionally, multicultural and diversity issues, ethical issues, interpersonal skills, and professional behavior are addressed during the training year.

Supervision

Currently, six of the ten licensed psychologists are supervising interns. Our psychology staff views the role of quality supervision as paramount to intern training. Please review our Handbook for more detailed information. Because of this, there are opportunities to:

- observe your supervisors' work,
- provide co-therapy with your supervisor,
- observe/be observed through a two-way mirror,
- review video recordings of sessions,
- have individual supervision.

Our interns receive a minimum of four hours of supervision per week, including a minimum of two hours of individual supervision. They will also have the opportunity for additional input with case presentations. Our psychology practicum students will provide the opportunity to supervise a graduate student.

Our psychologists represent an eclectic mix of theoretical perspectives including:

- cognitive behavioral,
- family systems,
- interpersonal,
- solution-focused,
- and behavioral.

Consultation

Given that we work with physicians and other medical staff on a regular basis, both inpatient and outpatient, it is important to work in an interdisciplinary manner. Interns will have the opportunity to gradually gain more experience and become more skilled in their consultation role.

Location

The Division of Behavioral Medicine is located on the fourth floor of the outpatient building, along with psychiatry, and audiology. Many other outpatient medical specialties are located on the floors below. Inpatient hospital consultations occur throughout the hospital, across many disciplines.

Tracks

We provide a well-rounded psychology training experience and offer two year-long simultaneous tracks in which the interns participate. The activities in these tracks include assessment, outpatient individual, family, and group therapies, and inpatient consultation/liaison.

Interns are expected to participate in assessment, inpatient consultation/liaison, and outpatient therapy activities each week. Interns may select to spend more time each week in certain activities over others to learn new skills and fine tune previously learned skills. All interns are expected to conduct at least two therapy groups during their internship year.

Interns will have approximately 14-18 clinical contact hours per week.

Training Experiences:

The consultation/liaison track emphasizes working with hospitalized patients, their families, and treatment teams. Patients that are frequently seen on this service include those with acute or chronic pain, severe problems in adjustments to a medical condition, and/or significant non-adherence. Other consults involve pre- and post bone marrow or heart transplant or problems after motor vehicle accident or other traumatic brain injury. Interventions with these patients often involve training in skills for coping with complex medical conditions, pain management strategies, and the brief assessment and treatment of anxiety and/or depression. Interns attend care conferences in which psychosocial impressions are presented and treatment recommendations are made. Interns in this track are also required to conduct outpatient therapy (with individuals, families, and groups) and psychological evaluations (usually regarding possible ADHD and/or LDs).

The pediatric neuropsychology track emphasizes outpatient neuropsychological assessment and is designed to meet Houston Conference guidelines. Thus, interns in this track will spend 50% of their time in neuropsychology training working with a diverse population. Patient diagnoses range from those with tumor resections and concussions/TBIs to the obscure cases "that you only read about in textbooks" (tuberous sclerosis and vela-cardio-facial syndrome). Patients range in age from one to 18+. Interns may also participate in evaluations conducted in Spanish. Assessments also occur in the hospital, and interns may evaluate patients prior to bone marrow transplant or neurosurgery. Interns will learn the full array of tests used in neuropsychological evaluation. Outstanding didactic training is available from the options listed below. Interns in this track are also required to participate in the consultation/liaison service and to conduct outpatient therapy and group programs.

Outpatient therapy opportunities include working with the Liver Disease Clinic, the CARE Clinic (a multi-disciplinary clinic directed towards reducing children's risk for cardiac and endocrine disease), the Cystic Fibrosis Clinic, and providing outpatient follow-up to patients discharged from the hospital. Patients from the dialysis or hematology/oncology clinics can be followed long-term. Other patients are seen for a variety of behavioral health issues, such as conduct problems, anxiety, or depression. Interns lead psychoeducational group programs for parents and/or teens. These programs are usually provided for parents of children with ADHD and

teens with chronic pain and their parents. We hope to add a program to help prevent depression in patients with liver disease.

Other training experiences:

- Bi-weekly one-hour case seminar discussion/presentation *
- Weekly one-hour Intern Training Seminars with staff and outside professionals on clinical/ethical/assessment/medical/professional issues *
- Weekly one-hour Grand Rounds presentations for all medical staff
- Weekly one-hour Pediatric Neuroscience Grand Rounds
- Weekly Epilepsy Conference
- Monthly meetings with the Training Director *
- Monthly Diversity Seminar *
- Monthly Trauma Rounds
- Monthly Hematology/Oncology Psychosocial Rounds
- Continuing education seminars and conferences held by/for PCH staff and residents throughout the year
- Additional Didactic Training specific to tracks *
- Monthly assessment case conference *
- Monthly CARE team conference

* Attendance is expected

- **Core competencies**

We are committed to providing the experiences and training necessary to help achieve the core competencies. Any areas of difficulty will be addressed, and interns will receive assistance to strengthen that area in a collaborative manner. The difficulty of clinical situations offered will gradually increase as the intern becomes more effective and autonomous.

Assessment

- Demonstrate effective clinical interviewing skills with children, adolescents, and families
- Demonstrate effective skills in assessing child functioning in family, school, hospital, and peer-group systems using clinical interviewing techniques
- Effectively obtain and integrate data from multiple sources and/or disciplines
- Knowledgeable of DSM-IV for appropriate diagnostic assessment of psychopathology
- Effectively select empirically-derived appropriate tests and measures to be used in assessment
- Effectively administer standardized tests and measures
- Effectively score standardized tests and measures
- Understanding of theory applied to assessment
- Effectively interpret the results of behavioral rating scales
- Effectively interpret the results of cognitive and/or developmental assessment.
- Appropriate use of assessment measures with children and adolescents of diverse backgrounds.
- Demonstrates ability to conceptualize key clinical issues.
- Demonstrates accurate, organized and clearly written reports
- Completes reports in a timely manner
- Communicates findings to families and interdisciplinary team members in an effective manner.

Completion requirements

By the end of the training year, we expect that you will receive ratings from your supervisors indicating that you have achieved high-intermediate or advanced competency in at least 75% of the areas assessed. You are expected to have at least intermediate competency in all areas of training.

Intervention

- Effectively formulate and implement an intervention plan
- Collaborate with interdisciplinary team members to identify intervention goals when appropriate
- Demonstrate the ability to effectively collaborate with other disciplines in intervention efforts
- Demonstrate an understanding of theory applied to intervention
- Use evidence-based treatment strategies and intervention
- Effectively monitor and adjust the intervention as needed
- Effectively provide intervention with families of diverse backgrounds
- Intervention strategies developed in collaboration with parents, children, and families that are viewed as reasonable and appropriate
- Effectively provide parent and family education and training
- Effectively use evidence-based interventions
- Demonstrate the ability to evaluate treatment outcomes
- Effectively establish and maintain relationships with children, adolescents, and families
- Consultation
- Able to effectively consult with professionals across multiple disciplines
- Effectively clarify the referral issue
- Effectively link hospital, family, and community systems
- Effective in consulting with professionals from diverse backgrounds
- Understand the pediatric medical setting and the many possible roles for psychologists
- Communicate consultation results and recommendations in an effective manner
- Demonstrate the ability to form effective consultative relationships

Professional skills and development

- Seek and apply theoretical and research knowledge relevant to the practice of psychology
- Provide effective supervision to practicum students
- Ongoing commitment to expanding scientific knowledge base
- Able to seek supervisor input as appropriate
- Accept and integrate supervisory input in a professional manner
- Work independently as appropriate
- Well-developed understanding of ethical principles
- Apply ethical principles in practice
- Organize time effectively
- Identify professional strengths and limitations
- Develop effective relationships with professionals from multiple disciplines
- Effectively deliver didactic presentations
- Demonstrate ability to effectively communicate in group situations
- Conceptual understanding of effectively preparing for psychology licensure.
- Effectively applies for fellowship/employment positions.
- Able to manage stress and competing demands.
- Understanding and appreciation for cultural and individual diversity.

About our training opportunities

Phoenix Children's Hospital is committed to providing training and education to the health care leaders of tomorrow. Our hospital provides the perfect setting - with our advanced technology and innovative research.

We provide excellent training for:

- pediatric residents
- psychiatry residents
- psychology interns
- medical students
- fellows

Phoenix Children's Hospital, ranked in U.S. News & World Report's Best Children's Hospitals, is Arizona's only licensed children's hospital, providing world-class care in more than 40 pediatric specialties to children from throughout the state and region. Phoenix Children's is in the midst of a major expansion to meet the needs of the Southwest's rapid population growth. The signature element of the expansion is a new 11-story, 750,000-square-foot tower which will enable the hospital to grow from 426 licensed beds today to a total of 626 licensed beds once the project is complete. The hospital's expansion also includes an aggressive physician recruitment effort and new satellite centers in high growth areas of the Valley.

Comprehensive services offered at Phoenix Children's Hospital include:

- a fully equipped Pediatric Intensive Care Unit,
- two Neonatal Intensive Care Units,
- a dedicated Pediatric Emergency Department,
- Behavioral Medicine
- Cardiac Catheterization and Cardiac Surgery,
- Renal Transplantation,
- the Children's Cancer Center,
- a Bone Marrow transplant program,
- the Cystic Fibrosis Center,
- the Pediatric Subspecialty Care Center,

- and the Neuroscience Institute.

After Internship at Phoenix Children's Hospital, our graduates have gone on to Post-doctoral fellowships at:

- Cleveland Clinic
- Children's Hospital of Orange County
- Children's Hospital of Colorado
- Brooke Army Medical Center
- Baylor College of Medicine/Texas Children's Hospital

Graduates are employed at:

- Children's Hospital, Boston
- Center for Pediatric Psychiatry/Children's Medical Center, Dallas

Arizona lifestyle

With more than 300 days of sunshine every year and a growing economy, the Valley of the Sun has become one of the nation's best places to live and work.

The Valley has a booming high-tech industry and exploding real estate market. It offers award-winning restaurants and limitless shopping opportunities. Tournament-level golf courses and urban mountain parks are just a few of the recreational opportunities at your fingertips here. And Phoenix is located just a few hours away from countless top vacation destinations, making weekend getaways to places like Sedona, San Diego, and Mexico a reality.

Given all that, it's no surprise Phoenix has become the sixth largest city in the country with a population of 1.6 million. And, with a lot of people, we see a lot of patients. The pediatric population in the Greater Phoenix area has grown from 350,000 when the Hospital incorporated in 1980 to nearly 1 million today. Estimates project that number will reach 1.5 million children before 2030.

For more information on relocating to the Phoenix area, please visit the Greater Phoenix Area Chamber of Commerce website at www.phoenixchamber.com.