How to Care for Your Child
After Pyeloplasty for Correction of UPJ (Ureteropelvic Junction) Obstruction

The drainage of urine from your child’s kidney was blocked. The surgery unblocked the kidney.

After the surgery your child will have
— a tube draining urine from the bladder (a foley catheter), and
— a drain on the side, in case urine leaks (Blake, Penrose, or JP drain).

Your child may also have a tube put in from the kidney to the bladder (an indwelling ureteral stent), to help repair the kidney.

After this surgery most children will be in the hospital 24 to 48 hours.

What to expect:

In the hospital, we will give your child fluids by IV, medicine to treat the pain, and antibiotics.

The foley catheter is usually taken out on the day after surgery.

Your child may go home with the Blake, Penrose, or JP drain in place. The doctor will take it out 2 to 7 days after surgery when your child is in the office.

The doctor will take out the indwelling ureteral stent about 4 or 8 weeks after surgery. This will require a short surgery.
Every day after surgery, your child should get better than the day before. Your child should be back to normal in a week.

**Medicine**

Medicine to treat pain: The doctor will give you a prescription for medicine to treat pain. Give it to your child every 4 to 6 hours. Your child might need this pain medicine for a few days. This pain medicine can cause constipation. Ask your doctor how to avoid constipation. Ask your doctor if it is okay to give your child ibuprofen or other over-the-counter pain medicine.

Medicine to prevent infection (antibiotic): Follow the instructions. Do not stop giving your child the antibiotic until all the medicine is gone, even if your child feels better. At first, your child will have to take this medicine several times a day. Then, your child may have to take this once a day until the doctor takes out the stent. If your child does not get this medicine, he or she could get a kidney infection.

**Bathing**

Until the doctor takes out the Blake, Penrose, or JP drain, your child’s body should not go into water. Do not let your child take a bath or shower, or go into a pool. Instead, wash your child with a wash cloth. Ask the doctor or nurse if you are unsure how to bathe your child.

24 hours after the doctor takes out this drain, your child may take a bath or shower.

**Activities**

For the first 14 days after the surgery, your child may read, watch television, and use the computer. Do not let your child run, jump, ride a bike or scooter, or play sports until 14 days after the surgery.
Follow-up

If you have any questions about your child, call your child’s doctor. Bring your child to see the doctor on

Date: ___________________ Time: ___________________

Now that you’ve read this:

☐ Tell your nurse or doctor what medicine you will give your child and when. (Check when done.)
☐ Tell your nurse or doctor how you will keep your child clean. (Check when done.)
☐ Tell your nurse or doctor what your child can do in the next two weeks. (Check when done.)

If you have any questions or concerns,
☐ call your child’s doctor at (602) 279-1697 or ☐ call ______________
If you want to know more about child health and illness, visit our library at The Emily Center at Phoenix Children’s Hospital 1919 East Thomas Road Phoenix, AZ 85016 602-933-1400 866-933-6459 www.phoenixchildrens.org www.theemilycenter.org Facebook: facebook.com/theemilycenter Twitter: @emilycenter Pinterest: pinterest.com/emilycenter
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Name of Health Care Provider: _______________________________
Date returned: ___________  ☐  db

Family Review of Handout

Health care providers: Please teach families with this handout. Families: Please let us know what you think of this handout.

Would you say this handout is hard to read?  ☐ Yes  ☐ No

Would you say this handout is easy to read?  ☐ Yes  ☐ No

Please circle the parts of the handout that were hard to understand.

Would you say this handout is interesting to read?  ☐ Yes  ☐ No

Why or why not?

Would you do anything differently after reading this handout?  ☐ Yes  ☐ No

If yes, what?

After reading this handout, do you have any questions about the subject?  ☐ Yes  ☐ No

If yes, what?
Is there anything you don’t like about the drawings?  ☐ Yes  ☐ No

If yes, what?

What changes would you make in this handout to make it better or easier to understand?

Please return your review of this handout to your nurse or doctor or send it to the address below.

The Emily Center
Health Education Specialist
Phoenix Children’s Hospital
1919 East Thomas Road
Phoenix, AZ 85016-7710

Thank you for helping us!