



ABOUT US

The Severe Atopic Dermatitis Clinic provides comprehensive and coordinated care to children with severe atopic dermatitis, also known as eczema and other commonly associated conditions. Many patients with atopic dermatitis have a variety of related disorders, including intense itching, asthma, seasonal allergies, food allergies, difficulty sleeping, impaired mental health, nutritional problems leading to short stature and poor growth, and other skin and medical problems.

Oftentimes when a child has atopic dermatitis the entire family is impacted. Thus, an integrated multidisciplinary clinical approach is the optimal way to care for patients with severe atopic dermatitis.

MULTIDISCIPLINARY APPROACH

The comprehensive team includes dermatology, allergy and immunology, nutrition, mental health, and specialized nursing:

- Dermatology provides diagnosis and treatment for all aspects of atopic dermatitis skin care, including dry skin, rash, inflammation, itch, skin sensitivity, and allergies.
- Allergy and immunology offers testing and treatment of allergic diseases that commonly occur in children with atopic dermatitis, including asthma, seasonal allergies, and food allergies. Testing for associated primary immunodeficiencies may also be considered.
- Mental health provides evaluation for, and management of, associated conditions such as Attention Deficit Hyperactivity Disorder (ADHD), depression, and other associated conditions.
- Nutrition provides information regarding diet optimization, taking into account any food allergies or sensitivities, to help with poor growth and skin healing.

ECZEMA SCHOOL

A large component of treating atopic dermatitis is education. To help, the clinic has established an eczema school within the Severe Atopic Dermatitis Clinic. The school teaches kids and their families about atopic dermatitis and treatment, including wet wrap applications, medication application with emollients, how to perform bleach baths, and more. Children must be established patients of Phoenix Children's Division of Dermatology prior to scheduling with the school. Patient families attending eczema school will meet with the dermatology nurse practitioner and dermatology nurse.

THE TEAM

Dermatology

- Kevin Yarbrough, director
- Vanessa Gildenstern, MD
- Harper Price, MD
- Samantha Casselman, CPNP
- Judy O'Haver, PhD, CPNP
- Ashley Mattos, RN

Allergy

- Cindy Bauer, MD
- Benjamin Wright, MD
- Melissa Pecak, RN

Psychology

- Ann Guthery, PhD, PMHNP

