2019 Summit on Ketogenic Diet Therapies

SEPTMBER 13 - 14, 2019
PHOENIX, ARIZONA

The 2019 Summit on Ketogenic Diet Therapies will host some of the most respected and renowned experts in the field, September 13-14, 2019, in Phoenix, Arizona to create an inspiring learning venue.

Lectures and interactive case study formats will emphasize the expanding clinical areas of ketogenic diet therapies (KDT) in pediatrics through adulthood. Speakers will present crucial updates on the most recent research combined with proven care management strategies for clinical decision-making while exercising best practices in patient care. The 2019 Summit will also discuss patient readiness, education materials, psychosocial needs of the patient, and other topics allowing time for collaborative discussion.

Friday, September 13th

Session 1: Evolution of Ketogenic Therapies
- 8:00 AM Overview of the Ketogenic Diet
  Angus A. Wilfong, MD
- 8:20 AM Behind the Mechanisms of the Ketogenic Diet: How Does it Work
  Tim Simeone, PhD
- 8:50 AM Indications & Variations of KDT
  Beth Zupec-Kania, RDN, CD
- 9:10 AM KDT for Seizures & Epilepsy Syndromes
  Randa Jarrar, MD
- 9:30 AM International Consensus Committee: Recommendations for KDT in Pediatrics & Adults
  Rebecca J. Schultz, PhD, RN, CPNP

Session 2: Expanding use of Ketogenic Therapies
- 10:15 AM KDT for TBI: Emerging Evidence & Applications
  Joyce H. Matsumoto, MD
- 10:45 AM KDT for Autism Spectrum Disorder
  Richard E. Frye, MD, PhD
- 11:05 AM KDT for Endocrine Disorders
  Micah L. Olson, MD
- 11:25 AM Metabolic Ketosis for the Adjuvant Treatment of Cancer
  Adrienne C. Scheck, PhD

Session 3: Ketogenic Therapy for Critical Care
- 1:00 PM KDT for Super-Refractory Status Epilepticus
  Brian L. Appavu, MD
- 1:20 PM KDT in the PICU: Pearls and Pitfalls
  Lisa Vanatta, MS, RDN, CSP
- 1:45 PM Implementation of KDT in the NICU and Beyond
  Laura Dority, MS, RD, LD
- 2:15 PM Understanding EEG Reports for the Dietitian
  Joyce H. Matsumoto, MD
- 2:30 PM Keynote Address: Is KDT a Viable Cancer Treatment?
  Kris Smith, MD
- 3:30 PM Adjourn

Saturday, September 14th

Session 4: Diving into the Details of Ketogenic Therapy
- 8:00 AM Clinical Significance of Lab Monitoring
  Beth Zupec-Kania, RDN, CD
- 8:30 AM Nutrient Supplementation – How to Meet the Dietary Recommended Intakes
  Denise Potter, RDN, CSP, CDE
- 9:00 AM Practical Tips for Nutrition Management and Prevention of Side Effects
  Candy Richardson, RDN, LDN, CNSC
- 9:30 AM Troubleshooting Tube Feedings
  Christi Wheeler, MS, RDN, CSP

Session 5: Team Approach to Ketogenic Therapy
- 10:20 AM Initiating and Monitoring KDT in an Outpatient Model: Infancy to Adolescence
  Panel: Randa Jarrar, MD; Lisa Vanatta, MS, RDN, CSP; Diana Larocque, RN
- 10:40 AM Strategies to Determine Patient Readiness for KDT: Tools to Improve Compliance
  Tava Arnold, PhD
- 11:00 AM Help for the PCP in Treating Patients on KDT: Acute Illnesses, Constipation, Acidosis, Renal Stones
  Korwyn L. Williams, MD, PhD
- 11:20 AM Transitioning Pediatric Patients to Adult Providers
  Panel: Joseph F. Drazkowski, MD; Randa Jarrar, MD; Christi Wheeler, MS, RDN, CSP
- 11:35 AM EHR Utilization to Prevent Unintentional Carbohydrate Exposure: Experience & Outcomes
  Vinay U. Vaidya, MD

Session 6: Education for Families and Healthcare Providers
- 1:00 PM Revolutionizing How You Teach in 4 Easy Steps
  Marj Abeele, MSN, RN
- 1:20 PM KDT Education for Health Care Professionals
  Rebecca J. Schultz, PhD, RN, CPNP
- 1:40 PM KDT Family Education: Parent Perspective
- 1:50 PM Case Study Workshop
- 3:30 PM Adjourn

www.phoenixchildrens.org/ketosummit
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The 2019 Summit is an invaluable source of knowledge as we move toward a greater understanding of the care for these patients. This meeting will allow for meaningful discussions and connections to drive better outcomes.

VENUE & ACCOMMODATIONS
Treat yourself to a memorable getaway at J.W. Marriott Phoenix Desert Ridge Resort & Spa. Featuring Four Diamond service, five sparkling pools, a lazy river and waterslide and Wildfire Golf Club. Guest rooms boast lovely views through oversized windows, pampering bedding, plush robes and luxury amenities.

Book your stay early at the conference host hotel for a special reduced conference rate of $209/night. Book your stay at www.phoenixchildrens.org/ketosummit You can also make your reservation by calling (480) 293-5000. Mention the code PCHJW2019. There is a limited number of rooms at the discounted rate, so be sure to book your room early.

REGISTRATION INFORMATION
GROUP 1: Physicians and PhD Scientists.
GROUP 2: Dietitians, advanced practice providers, nurses, social workers, therapists, allied health, and research associates.
GROUP 3: Students of these professions and community members.

STANDARD PRICING
Group 1: $290
Group 2: $185
Group 3: $165
Register by June 15th, 2019 to receive 15% off your registration.

COURSE CREDITS
An application for 12.5 CPE/CME is being submitted with the following Accredited Providers:
The Charlie Foundation, accredited and approved by the Commission on Dietetic Registration (CDR) as a provider of Continuing Professional Education (CPE) units for Registered Dietitians.
The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education to provide Continuing Medical Education (CME) for physicians.

INTENDED AUDIENCE
The 2019 Summit on Ketogenic Diet Therapies provides an evidence-based approach, designed for the registered dietitian, primary care provider, advanced practice provider, nursing staff, clinical research scientists and those wanting a better understanding of the presented clinical information. This event welcomes providers who recognize and value this opportunity for continuing medical education.

EDUCATION GRANTS
This course is supported in part by educational grants from multiple industry sponsors in accordance with ACCME Standards.

SEATING IS SUBJECT TO AVAILABILITY
The cost of registration includes: tuition, lunch and/or breakfast each day, refreshments during the meeting and Friday evening’s reception.

REGISTER ONLINE AT: https://KD19.eventbrite.com
Visit www.phoenixchildrens.org/ketosummit for a complete program and to register.