PARENT-TO-PARENT TIPS ON HOW TO GET THE MOST OUT OF YOUR CHILD’S VISIT AT BARROW NEUROLOGICAL INSTITUTE AT PHOENIX CHILDREN’S

** For general information about your visit, go to phoenixchildrens.org/your-visit

MAKE A LIST AND PRIORITIZE YOUR CONCERNS
› Be prepared to share your child’s medical history with your care provider.
› Remember to bring up pressing concerns initially so there is adequate time to address them during the clinic visit.
› What are the top three concerns you would like to discuss at the next appointment?
› Are there changes or new symptoms in your child’s health?

SPECIFIC INFORMATION ABOUT MY CHILD
› Is your child on a special diet?
› Does your child utilize medical equipment related to their diagnoses (oxygen, pulse oximeter, wheelchair, etc.)?
› Are your child’s educational needs being met at school?
› What are your child’s likes, dislikes? What comforts them when they are upset? What makes them happy?
› Is there anything we need to know about your child that would make this healthcare experience more comfortable for them?

PRESCRIPTIONS AND MEDICATIONS
› Have a list of your child’s medications prepared
› Do you need medication refills?
› Are they taking any over-the-counter medicines or vitamins, herbal remedies or supplements?
› Have they experienced any positive or negative side effects?

KEEP THE CARE TEAM UP TO DATE WITH NEW INFORMATION
› Has your child experienced a major life or medical event such as being hospitalized or treated in the emergency room or loss of a family member?
› Any changes to your child’s home or social environment?
› Are they seeing a new doctor or a specialist?
› Bringing videos of seizures or behaviors happening at home can be helpful to show the care provider.
› Mention any changes you have noticed in your child’s appetite, weight, sleep or energy level.
› Discuss recent changes in any medications they take or the effects they have had on your child.

FAMILY LIFE
If you have questions or need more information about any of the following, please let your provider know if you would like to speak to a nurse or social worker

OR

If you prefer you can access additional resources directly:
Dial 2-1-1 (2-1-1 Arizona) or visit 211arizona.org
› diapers or car seats
› food
› clothing
› emotional support
› back to school supplies
› access to care
› housing or utilities
› safety in the home
› transportation
› childcare

If you have additional tips or suggestions, please email the Phoenix Children’s Neuroscience Patient Advisory Council at fac@phoenixchildrens.com