

Your child has a procedure scheduled.

## Please read all instructions before your child's procedure.

For patient 7 years or older:

- Regular lunch the day before the procedure.
- Clear liquids until 8:00 p.m.
- Nothing to eat or drink after 8:00 p.m.

**CLEAR LIQUIDS** are liquids you can see through and include:

- Clear fruit juices without pulp
- Water, vitamin water, flavored water
- o Clear chicken broth or bouillon (not beef)
- o Gatorade, Powerade, Kool-aid, Pedialyte
- Plain Jello (without added fruits or toppings)
- Ice popsicles

## \*\*\*NO RED, BLUE, OR PURPLE DYES

Please check in 2 hours before the procedure.

Please contact our office with any questions or concerns about the procedure: 602-933-0940.

